



# Sports Stars

Skills & Drills LLC

## 2023 Fall Sessions



Sports Stars Skills & Drills is designed to teach children the fundamentals of sports during each weekly session. Our philosophy stresses having fun, while promoting physical fitness and developing new skills from week to week. Flexibility, coordination, and agility will be merged with skill development during each weekly session.

Owner, Chris Robey, is a former All-League basketball player and All-NYS and All-East Coast soccer player while playing at Kenmore East High School and Canisius College. He is currently an Elementary Physical Education teacher in the Ken-Ton School District and a former three sport coach at Kenmore East High School (Soccer, Basketball and Softball). He is also a 2-time Club Champion at Sheridan Park golf course. His passion and love for sports drives him to help others learn to love athletics and to live a healthy lifestyle.

Our other coaches consist of certified PE teachers, local coaches and former college athletes. All of our coaches strive to maintain a small group setting and focus on having fun while increasing individual skill level.

### Soccer:

7 Week session begins November 7<sup>th</sup> through December 19<sup>th</sup>.

Ages 4-7 **Time:** Tuesdays from 6:00-6:50 PM

Location: Edison Elementary Gym **Session Fee: \$105.00 per child**

(4 year olds use size 3 ball, 5-7 use size 4 ball. All students should wear shin guards and bring their own ball)

### Basketball:

7 Week session begins November 7<sup>th</sup> through December 19<sup>th</sup>.

Ages 5-9 **Time:** Tuesdays from 7:00-7:50 PM (No class on 11\23)

Location: Edison Elementary Gym **Session Fee: \$105.00 per child**

### Intro to Sports: (Each week will be a different Sport!!)

7 Week session begins November 2<sup>nd</sup> through December 21<sup>st</sup>

Ages 2-4 **Time:** Thursdays from 6:00-6:45 PM (Parent assisted)

Ages 5-8 **Time:** Thursdays from 7:00-7:50 PM

Location: Edison Elementary Gym **Session Fee: \$105.00 per child**

(No class on 11\23)

To register please visit:

[SportsStarsSkillsAndDrills.com](http://SportsStarsSkillsAndDrills.com)

If you have any questions, please call Chris at (716)713-7456