



Kenmore-Town of Tonawanda Union Free School District

Department of Human Resources

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Memo

Date: February 12, 2019
To: All Ken-Ton Primary Health Plan Subscribers
From: Jeffery Richards, Assistant Superintendent for Human Resources
Re: Second Annual Ken-Ton Wellness Program Health Evaluation Opportunity with Interactive Health

Last year, the district launched a new wellness initiative in partnership with Interactive Health. Through this initiative, staff were able to participate in health evaluation screenings and earn additional money toward their Pro-Flex health benefits account. Many staff took advantage of this opportunity to gain a better understanding of their own health, and we are excited to once again be partnering with Interactive Health to provide this same opportunity to all staff who are primary health plan holders. Our goal is to encourage your continuing participation in such an evaluation as well as encouraging those eligible who did not participate to consider doing so.

At Ken-Ton Schools, we value each of our employees and wish to help our employees live the longest, healthiest life possible. It is vitally important for all of us to take part in routine health evaluations. Armed with this knowledge, we can be alerted to potential problems earlier, or be aware of different choices we can make which would help us live longer, healthier lives. The program also provides tools and resources to help you achieve your health and wellness goals.

The screenings will take place between March 4 and March 14 at various locations for your convenience. The information from the Interactive Health screening is only for you and your physician. It is confidential. At no time will the information be shared with the district. The program is 100% free for employees enrolled as the primary subscriber in a Ken-Ton health insurance plan. Like last year, you will receive up to \$100 in your health benefits account for participating. This opportunity is open to employees who are the primary health plan subscriber, whether you participated in the program last year or not. Please note, however, that spouses and dependents are not eligible to participate at this time even if they are a Ken-Ton School District employee.

More information about this program is enclosed on the attached flyer and will also be sent with your next pay stub. If you have any questions about this program, please feel free to contact Maura Graber at any time at mgraber@ktufsd.org.

I hope you will join me in taking advantage of this opportunity to help us all achieve better health.

Healthy Regards,


Jeffery Richards
Assistant Superintendent for Human Resources