

Smart Snack Approved Products

USDA's Smart Snacks in School standards are practical, science-based nutrition standards for all foods and beverages sold or served to students during the school day. The following list contains foods and beverages that are Smart Snack compliant. Items brought into schools to share with students must meet the Smart Snack Guidelines. This pertains to "snacks provided for the class," not snacks brought from home for an individual student. Ken-Ton's Wellness Plan states that class celebrations are limited to items which are purchased to ensure all ingredients are known for students with allergies or dietary restrictions.



Fruits & Vegetables

- Fresh Fruits and Vegetables (Pre-Packaged Pouches or Individual Fruit e.g. apple)
- Fresh Fruit Cups in Water or Natural Juices
- Dried Fruit with NO Added Sugar
- Fruit Snacks (Motts Medleys or Similar)
- Applesauce Pouches (Go Go Squeeze or Similar)
- Harvest Snaps (or Similar)



Yogurt & Cheese

- Light Cheese Sticks
- Yogurt tubes



Chips, Pretzels, Popcorn & Snack Mixes

The Following or Generic Equivalent:

- Baked Variety of: Cheetos, Funyuns, Potato Chips, Tortilla Chips, etc.
- Doritos Reduced Fat (all flavors)
- Kettle Cooked Potatoes Chips- 40% Less Fat
- Munchies Munch Mix Snack Mix
- Pretzels- Lower Sodium & Whole Grain
- Smartfood White Cheddar Popcorn
- SunChip Snack Mix
- PopChips
- Pop CORNERS
- Chex Mix



Bars (Cereal, Granola, Flats)

The Following or Generic Equivalent:

- Quaker Chewy Granola Bar
- Betty Crocker Oatmeal Bars
- Clif Z Bars
- General Mills Cereal Bars
- Nature Valley Crunchy Granola Bar
- Nature Valley Bars
- Kellogg's Nutri- Grain Soft Baked Bars
- KIND Healthy Grains Granola Bar



Cookies & Treats

The Following or Generic Equivalent:

- WHOLE GRAIN Cookies
- Grandma's WHOLE GRAIN Crisps
- Great Value Rice Krispy Treats

To find out if a food or beverage not listed meets the nutrition standards, visit the online calculator with this QR code.

