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Spectrum

Kenmore East Senior High School

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2008-2009

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spectrum 2008 - 2009

Spectrum

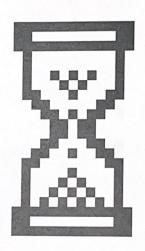


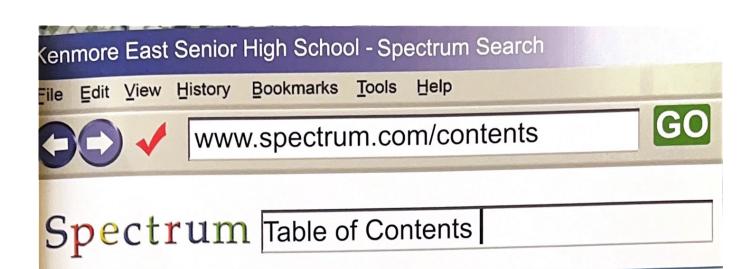
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Spectrum 2008 - 2009





- Seniors
- Underclassmen
- Faculty and Staff
- Sports
- Music and Art
- Student Life
- Organizations

Seniors class of 2009

CLASS OFFICERS

Shawn Ferger President

> Paul Tatu Vice-President

Renée Clapp Secretary

Tara Cicatello
Treasurer

The whole concept
of yearbooks is kind of funny
if you really think about it.
We spend four years building
our reputations, making friends,
preparing for the future,
and ultimately discovering
a lot about ourselves.





"I haven't fatled. I just found 10,000 ways that don't work."

-Thomas Edison

Nicole Agosti

"Go confidently in the direction of your dreams. Live the life you have imagined."

-Henry David Thoreau

Congrats Class of '09!!







Christina Alessandra

Scott Allaire





"Brick walls are there for a reason. The brick walls are not there to keep us out. They give us a chance to show how bad we really want something."

-Randy Pausch, The Last Lecture









John Anibaldi



"If ever there is tomorrow when we're not together, there is something you must always remember. You are braver than you believe, stronger than you seem, and smarter than you think. But the most important thing is ... even if we're apart, I'll always be with you.





"Life is a succession of lessons which must be lived to be understood."

-Ralph Waldo Emerson



Anthony Bagarozzi

Matthew Bailey

"The truth is you don't know what is going to happen tomorrow. Life is a crazy ride, and nothing in guaranteed."

-Eminem

"Obstacles are those frightful things you see when you take your eyes off your goal."

-Anonymous









Nicholas Balesteri

Alyssa Barone



Robert Barraclough





Anthony Basso

Benjamin Bauer

"Education is always painful; Pain is always educational." -Anonymous

"I'm learning real skills that I can apply throughout the rest of my life...Procrastinating and rationalizing." -Calvin & Hobbes

"Ben, you turkey!"

-Sparkey







Casey Bechtold

"If you've found the meaning in your life, you don't want to go back. You want to go forward."

-Mitch Albom



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-Sparker





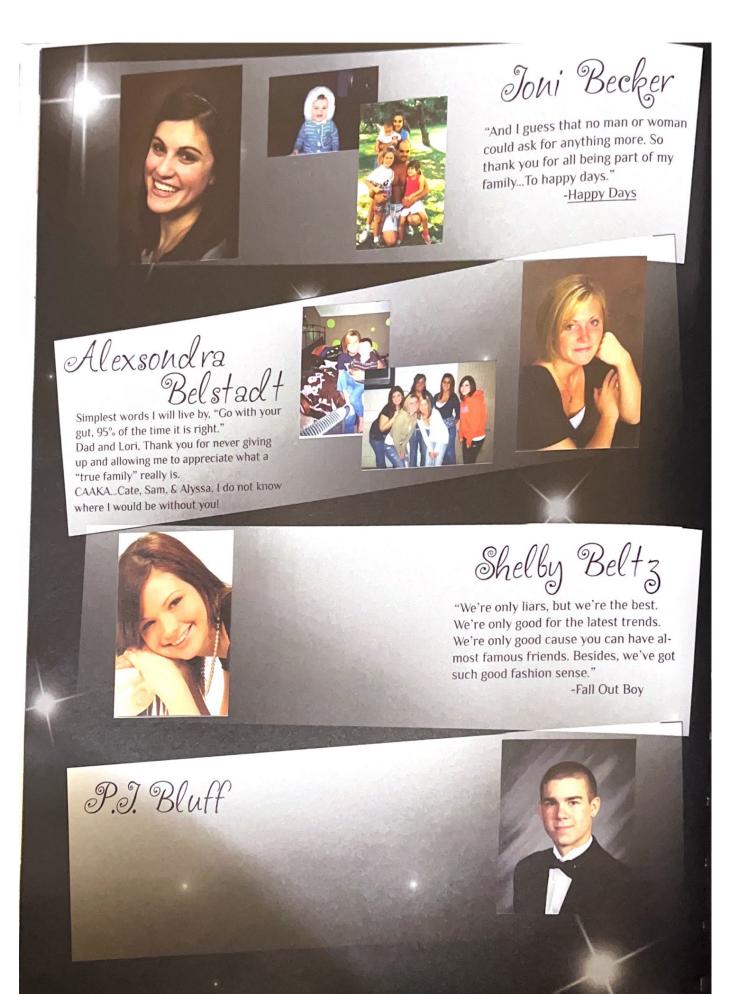




Casey Bechtold

"If you've found the meaning in your life, you don't want to go back. You want to go forward."

-Mitch Albom



Tabitha Boldinski









Megan Boswell

"Blackbird singing in the dead of night. Take these broken wings and learn to fly. All your life you were only waiting for this moment to arise."

-The Beatles
"If you can't laugh at yourself, life's going
to seem a whole lot longer than you like."
-Garden State

Christopher Brown

"You know, if I were to die right now, in some sort of fiery explosion due to the carelessness of a friend...well, that would just be ok."

-Spongebob Squarepants
"No regrets, that's my motto. Well...that and

"No regrets, that's my motto. Well...that and 'Everyone Wang Chung tonight!"

-Out Cold





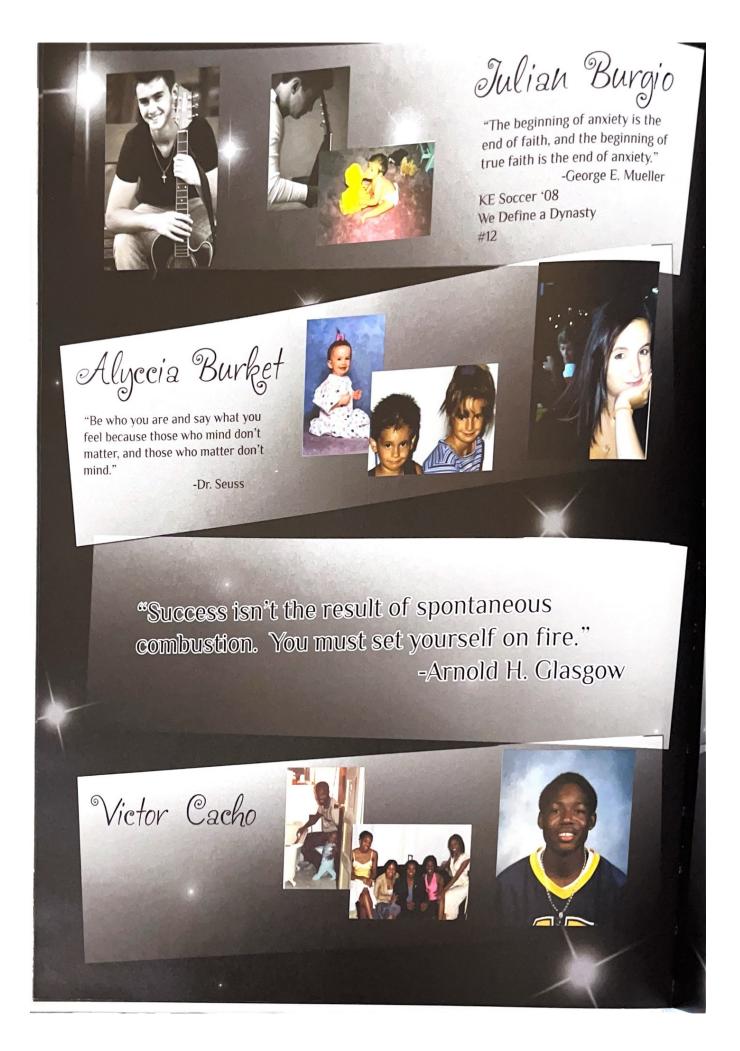




Amy Brzycki

"When it hurts to look back and you're scared to look ahead, you can look beside you and your best friends will be there."

-Anonymous



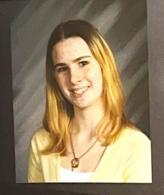
Kayla Cairnduff

"Life is too short to wake up in the morning with regrets, so love the people who treat you right. Forget about the ones who don't and believe that everything happens for a reason. If you get a chance, take it. If it changes your life let it. Nobody said that it'd be easy, they just promised it would be worth it."

-Bob Marley









Angel Callari

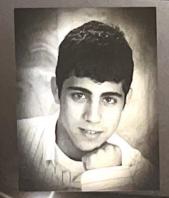
"Many people go through life with distorted visions, not knowing they can change those distorted visions into accurate visions."

-Anonymous

Stephanie Cannizzaro









Joshuah Capozzi

"When you decide to be something, you can be it. That's what they don't tell you in the church. When I was your age they would say we can become cops, or criminals. Today, what I'm saying to you is: when you're facing a loaded gun, what's the difference?"

-The Departed

JLG 12.17.06

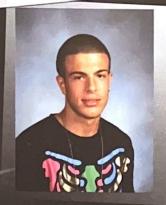


Lauren Caputi

"The face is the mirror of the mind, and eyes without speaking confess the secrets of the heart." -Saint Jerome

"Don't live down to expectations. Go out there and and do something remarkable."

-Wendy Wasserstein



Joseph Carroll

"There they stand, the innumerable stars, shining in order like a living hymn, written in light."

-N.P. Willis

Daniel Christopher

"Nothing in this world that's worth having comes easy."

-Dr. Bob Kelso, <u>Scrubs</u>
"Would I rather be feared or loved? Easy,
both. I want people to be afraid of how much
they love me."

-Michael Scott, The Office







Victoria Church

"There are two ways of spreading light: to be the candle or the mirror that reflects it." -Edith Wharton

"You don't stop laughing because you grow old. You grow old because you stop laughing."
-Michael Pritchard

Tara Cicatello

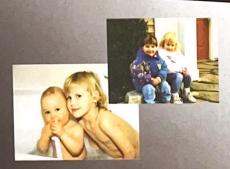
As I look back on how far we have come, I cannot believe we are truly done, I will cherish all the times we've shared, and I want you to know how much I care...

Never forget the bond we had; look to the future as happy, not sad. Friends and family, old and new, I could not have done it without you.









Renee Clapp

"Dance like there's nobody watching. Love like you'll never get hurt. Sing like there's nobody listening. Live like it's Heaven on Earth."

-William W. Purkey





Amanda Coniglio
"Do what makes you happy p

"Do what makes you happy. Be with the ones who make you smile. Laugh long as you live."

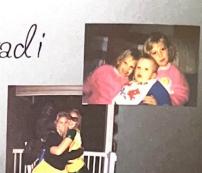
-Unknown

Alexandra Conradi

"Other things may change us, but we start and end as a family." -Anthony Brandt Mom, Dad, Holland, & Rutger:

Thank you for everything. You're my life. "Why laugh if you're not gonna snort?" JMW. For life.

"My mind set is always the same. I'm never there...You're never there until you're there." -Lil Wayne









Kirstin Cook

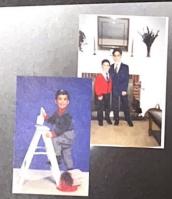
Anthony Coppola

"Try not to become a man of success, but rather to become a man of value.

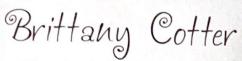
-Albert Einstein

"My father always told me, "Find a job you love and you'll never work a day in your life,"

-Anonymous







"Three-hundred and sixty-five days a year we preoccupy ourself to find life's true meaning. We indulge irrelevant contradiction. Contradiction which steps up growth. Live life each day like it could be your last."

-Non Phixion







Joshua Coty
"One way can be learned by starting to see

"One way can be learned by starting to see the magic in everything. Sometimes it seems to be hiding but it is always there. The more we can see the magic in one thing, a tiny flower, a mango, someone we love, then the more we are able to see the magic in everything and in everyone. Where does the mango stop and the sky begin?"

-Joshua Kadison

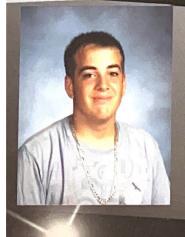
Kelsey Cox

"We're almost there and nowhere near it. All that matters is that we're going."

-Gilmore Girls

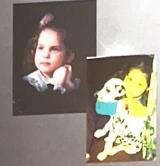






Joseph Cumbo





Angela Currier

"My life is music. And in some vague, mysterious, and subconcious way, I have always been driven by a taut inner spring which has propelled me to almost compulsively reach for perfection in music, often—in fact, mostly—at the expense of everything else in my life."

-Stan Getz

Molly Daver IA
"It is with passion, courage of conviction,

"It is with passion, courage of conviction, and strong sense of self that we take our next steps into the world, remembering that first impressions are not always correct. You must always have faith in people. And most importantly, you must always have faith in yourself."

-Elle Woods, Legally Blonde





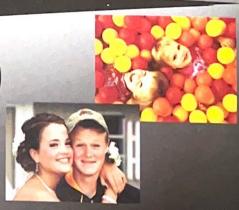
"Wherever you go, go with all your heart."

-Confucious

Julia DeJuehery

"So take me back to the sleepless nights, the stupid fights, it never mattered who was wrong or who was right. You're all a part of me..."

-The Maine





"To be a star, you must shine your own light, follow your own path, and don't worry about the darkness, for that is when the stars shine brightest."

-Anonymous





Mathew DeTesus

"When they discover the center of the universe a lot of people will be disappointed to discover they are not it."

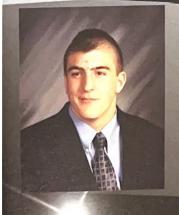
-Bernard Bailey

Mark Demmin

"Nobody can go back and start a new beginning, but anyone can start today and make a new ending."

-Anonymous







Alec Demske

"I'd rather die enormous than live dormant."

-Jay-Z

KE Football 2,5,7,10,22,39,42,45,50,52,55,58,63,67,78,80,83,88





Kristen Deschenes

"Yesterday is but a vision, and tomorrow is only a dream. But today well-lived makes every yesterday a dream of happiness and every tomorrow a dream of hope."

-Anonymous

Michael Doherty

"Winning is not everything, but wanting to win is."

-Vince Lombardi









Rae Anne Doran

"Make time for family, make time for friends, and save time for yourself."

Thanks to all my teachers for making school a wonderful experience.

Shukri Dualeh
"I always knew that looking back on the tears

"I always knew that looking back on the tears would make us laugh, but I never thought that looking back on the laughs would make us cry."

To my family: Thank you for everything! I love you. I CAN'T BELIEVE WE MADE IT!

CONGRATULATIONS CLASS OF '09

"I love you all. Class dismissed."

-Mr Feeny, Boy Meets Pound





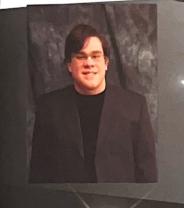
Brittany Ducato

"Dare all your dreams. Always believe in yourself. Uncover hidden talents. Go on adventures. Have fun and be happy. Treasure tiny miracles. Embrace life. Reach for the stars.

-Anonymous Thank you mom and dad <3









Christopher Duguay

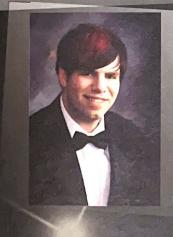
"Garbage"..."U-G-L-Y"...
Food Network Junkie...
Loves to cook...
Bulldogs Rate...VonSkull Rules

Ashton Edge

"And anything that happens is for a reason."

-Kanye West





Richard Ellis

"Sometimes you're flush and sometimes you're bust, and when you're up, its never as good as it seems, and when you're down, you never think you'll be up again, but life goes on."

-Fred Jung



Samuel Erb

Viva Italia!

Kevin Esmay







Anthony Fabozzi

"The only place where success comes before work is in the dictionary."

-Vidal Sassoon

"High school is a lot like toilet paper; you only miss it when it's gone."

-Kate Kulikova

Ashley Falk



Sean Farrell



"The best way to predict the future is to create it."

-Peter Drucker

Robert Feind





Shawh Ferger

"The difference between school and life? In school, you're taught a lesson and then given a test. In life, you're given a test that teaches you a lesson."

-Tom Bodett

It is only one's weakness to stand still and be fragile to failure but one's strength to stand strong and accept defeat.



A STATE OF



Alexander Filippone

"Abraham Lincoln once said, 'If you're a racist, I will attack you with the North,' and these are the principles I carry with me in the workplace."

Caitlin Finnegan

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind."

-Dr. Seuss

1/12/08 <3. I love you. *kf jm kp cm ca ss ar* peace out.





Dana Fischer

"We cannot change the cards we are dealt, just how we play the hand."

-Randy Pausch, <u>The Last Lecture</u>
To my family--thanks for
helping me play the hand; and to
my friends--thanks for making it
interesting

Laura Fisher

"Don't be afraid to make mistakes, or stumble and fall, cause most of the time the greatest rewards come from doing the things that scare you the most. Maybe you'll get everything you wish for. Maybe you'll get more than you ever could have imagined. Who knows where life will take you. The road is long and in the end, the journey is the destination."

-One Tree Hill





Teffrey Fleischmann

"Oh my God they killed Kenny." -Stan, <u>South Park</u>







Ashley Flynn

Robert Flynn

"If you always do what you've always done, you will get what you've always gotten."

-Anonymous

KE Soccer 08 We Define a Dynasty #10



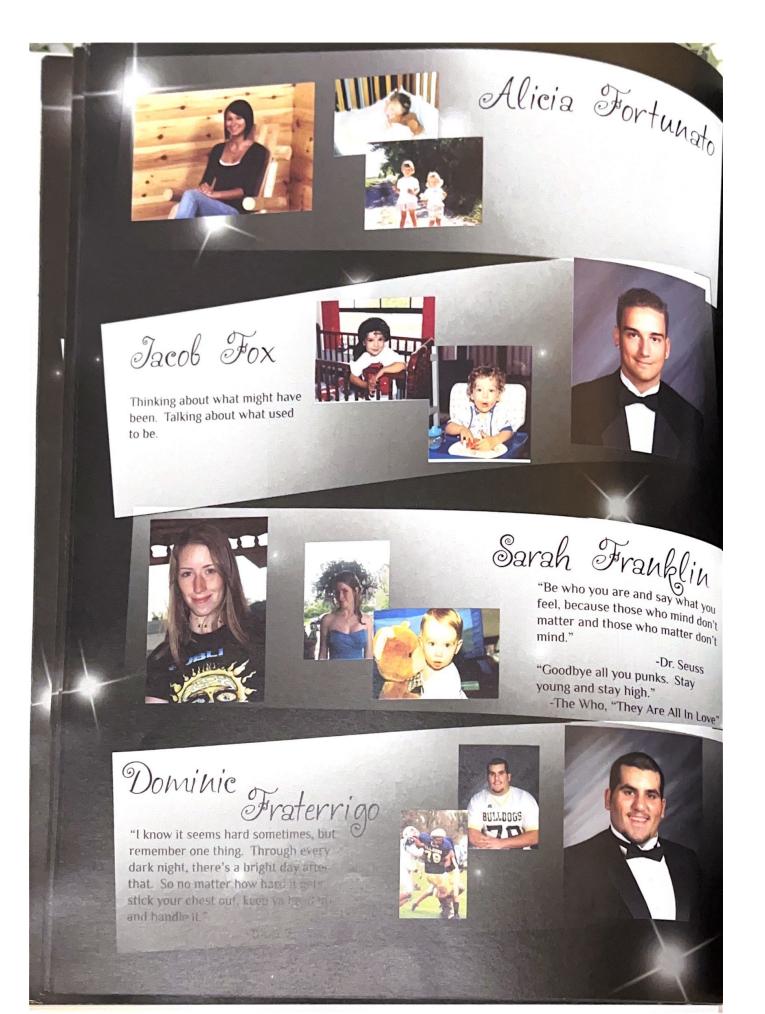




Januelle Forster

"Life is too short to wake up in the morning with regrets. So love the people who treat you right, forget the ones who don't. Believe that everything happens for a reason. If you get a chance, take it. If it changes your life, let it. Nobody said it would be easy, they just promised it would be worth it."

*Mom, Dad, Leah, and friends, I love you and thank you for everything



Matthew Frauenhofer

"Every day above ground is a good day." -Scarface







Melissa Frazier

"To say goodbye to yesterday, you must dream about tomorrow. Use the waters of the future to drown away your sorrow. The past will never live again, only the memories exist. You can never buy back your yesterday, no matter how hard you wish.

-Anonymous

Evanne Freas

"A very close friend of mine once told me that the most important things in life happen when you're just hanging out."

-David J. Rosen,

I Just Want My Pants Back







Alex Friedman





Ellen Fronczak

"I believe that everything happens for a reason People change so that you can learn to let go; things go wrong so that you appreciate them eventually learn to trust no one but yourself; things can fall together."

-Marilyn Monroe

FG SZ KL FB's

Robyn Jagnier
"So many people walk around with a meaningless

"So many people walk around with a meaningless life. They seem half-asleep, even when they're busy doing things they think are important. This is because they're chasing the wrong things. The way you get meaning in your life is to devote yourself to loving others, devote yourself to your community around you, and devote yourself to creating something that gives you purpose and meaning."

-Morrie Schwartz







Justin Gardner

"Life is too short not to make the best and most of everything that comes your way everyday." -Sasha Azevedo

Sean Fardner

"I had two bowls for breakfast and one was cereal."

"You tryna twist up or what?"
-Mario Vacanti

KE Hockey





Meghan Garland

"Be the change you want to see."

"Growing old is mandatory, growing up is optional." -Anonymous

"Just breathe. Good things happen when you breathe!"







Caroline Garruiges

Sarah Jawronski

"Everything in life is unseen. That is why we close our eyes when we kiss, cry and dream." -Anonymous

K.M., E.M., E.N., S.S., R.F., M.G Best friend/Sister - S.M.M. KEHS V-Squad C.B.C.- I Love You!









Diana Termain

"The future belongs to those who believe in the beauty of their dreams."

-Eleanor Roosevelt



Lucas Termano

"It's not the size of the dog in the fight, but the size of the fight in the dog."

-Once a Bulldog, Always a Bulldog









Chelsea Jiannantonio
"There's no such thing as destiny. There ar

"There's no such thing as destiny. There are only different choices. Some choices are easy, some aren't. Those are the really important ones, the ones that define us as people."

-Walter Sparrow , The Number 23
"Don't let anyone tell you high school is supposed to be fun. High school is to be endured. College is fun." -Stephenie Meyer

Chelsea Tiaraffa

"And this is the part where you find out who you are. And these are your friends, those who've been there from the start."

-The Maine





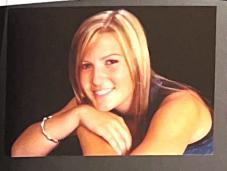
Anthony Tiomundo

"Time is all we'll ever need, but it's gotta have a meaning. You be careful how it's spent, cause it isn't going to last."

-Neil Diamond









Felicia Flogoza

"Make mistakes and have wonderful times but never ever second guess who you are, where you have been, and most importantly, where it is you are going."

-Sex & The City

SZ EF KL ily's

Mom & Dad, thank you for everything, I Love You.

Thank you for listening CM-NG-LS-JB-CR* FB'S ₹

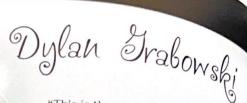
Nyssa Jore







Jenna Joudy



"This is the very perfection of a man, to find out his own imperfection."

-Saint Augustine

Cassandra Trizanti

"I try to believe like I believed when I was five... when your heart tells you everything you need to know."

-Lucy Liu

To all the friends who helped me get through the past four years; and to Casey, you are my best friend, my life, and my love. Forever and always.









Derek Juarino

"It would be a sad situation if the wrapper were better than the meat wrapped inside it."

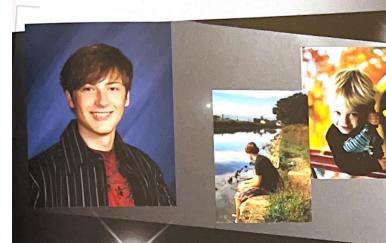
-Albert Einstein

"The stars are the street lights of eternity."

-Anonymous

Zachary Juthrie





Tregory Haase

And they said there was NO escape...

Rebecca Haase

"Seeing isn't believing, believing is seeing."

-The Santa Clause







Andrew Hacker





Cynthia Hartner

"Laugh when you can, apologize when you should, and let 80 of what you can't change."

-Anonymous

To the girls who are true!

Kaitlyn Hatch

"I take positives out of negatives all the time."

-David Wright (New York Mets)











Ann Marie Henesen

"A girl should be two things: classy and fabulous." -Coco Chanel

Thanks mom and dad for everything <3

They've been there since "Once upon a time" § they'll be there until "happily ever after." A.S A.S C.M & Taylor

Jordan Hertel

"The rest of your life is being shaped right now with the dreams you chase... the choices you make and the person you decide to be. The rest of your life is a long time. And the rest of your life starts right

-One Tree Hill

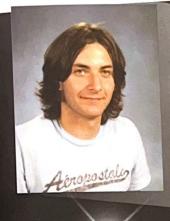






Some say the world will end in fire, / Some say in ice. / From what I've tasted of desire / I hold with those who favor fire. / But if it had to perish twice, / I think I know enough of hate / To say that for destruction ice / Is also great / And would suffice." -Robert Frost, "Fire and Ice" Thank you to T.C, C.H, C.P, K.H.A, C.W, M.J, R.R, M.M, A.C, C.L, B.H, M.M, R.J, AND H.W for putting up with me.





Timothy Higgins

Benjamin Hinckley

"I consider everything you might do, anything you might say, any guilt or morality play that you might use on me or yourself. I am always several steps ahead of you. I watch you self-destruct. I am the Mekanik."

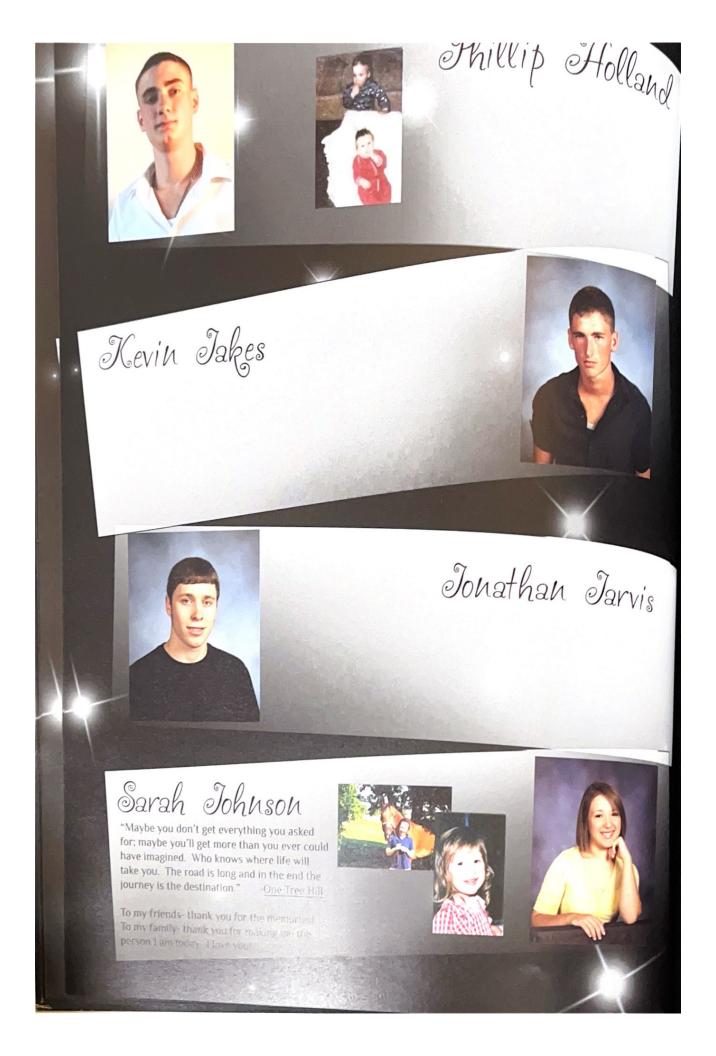
-Henry Rollins







Karen Hirschbeck



Megan Jones

"We're still hopeful, but we are no longer that confident. The chances of finding the paintings diminish with time and already a lot of time has passed."

-Edvard Munch To my Family and Friends: Thank You for Supporting Me for who I am and What I have done. I Love You All So Much.







Shawn Joyce

Rachel Jurewicz







Kellie Kehoe

"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail."

-Ralph Waldo Emerson

"We might be laughing a bit too loud. I'm sorry. It's just that we're best friends, and we can't help it." JN & KT. My girls, I love you. Thanks for all the memories. JP <3 my best friend 9.22.06

Family, I love you all. Thank you for everything.



Amanda Kirbis

"The longer you live, the higher you fly, the smiles you give, the tears you cry, all you touch and all you see is all your life will ever be."

-Pink Flloyd, "Breathe"

"You have not lived a perfect day unless you have done something for someone who will never be able to repay you.

-Ruth Smeltzer









Jacob Kirbis

Anita Klapp

"I see things so clearly now; I choose my destiny!"

-Adam Sandler









Melissa Koeppel

"Be who you are and say what you feel because those who mind don't matter and those who matter don't mind."

-Dr. Seuss





Allison Korta

"Be yourself...because people who mind don't matter and people who matter don't mind

Matthew Krygier

"As children, we all live in a world of imagination, of fantasy, and for some of us that world of make-believe continues into adulthood." -Jim Henson (1936-1990)









Richard LaCroix

"The most important thing in life is to learn how to give out love, and to let it come in."

-Morrie Schwartz "I'm the real article. What you see is what you get."

-John Candy

"When it is darkest, men see the stars." -Ralph Waldo Emerson



"I know it seems hard sometimes but remember one thing...Through every dark night, there's a bright day after that. So no matter how hard it gets, stick your chest out, keep your head up...and handle it." -2pac "We all take different paths in life, but no matter where we go, we take a little of each other everywhere." SZ EF FG <3

Mom, thank you for everything, I love you.







Peter LaPorta

Tennifer Lask

"Memory is a way of holding onto the things you love, the things you are, the things you never want to lose."

-The Wonder Years

"In between goals, there is a thing called life.

And in it you must live wisely, love deeply,
laugh uncontrollably, and take the good with
the bad. It's not meant to be easy, but it will be
worth it."

-Anonymous









Christine Laufer







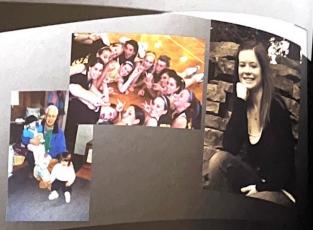
Rebecca Lauffer

"Never say goodbye because saying goodbye means forgetting the ones you've made."

Elizabeth Lawless

"In every conceivable manner, the family is the link to our past, and the bridge to our future." -Alex Haley The memories we have made will last forever. You will all always be a part of me and we will always be a team and family. I love you all.

[We're gonna win worlds] KEGVB 08 Mom- Thank you for everything. I love you. Best friends since forever [LL & CM]







Shana Lennon

Living might mean taking chances / But they're worth taking / Lovin' might be a mistake / But it's worth making / Don't let some hell-bent heart / Leave you bitter / When it comes to selling out / Reconsider" -Lee Ann Womack "And sometimes she dreams the most perfect dreams." -THIS DAY & AGE

Rebecca Lenz

"We fight this fight to stay free and never say 'never.' If you leave this choice up to me, I'll stay young forever."

-A Change of Pace
"They know that game changing goals and championship, having a 2nd family, and doing it all for each other are the rewards—they know to put the team above all else. They're the greatest feath to be heard or."

-19U Girls Magera County (express 2 dby)





James Levy, Tr.

"Decide that you want it more than you are afraid of it." -Bill Cosby









Kathryn Lewandowski

Casey Lillis





Michael Lobocchiaro

"Lose one friend, lose all friends, lose vourself."

-Eric Matthews, <u>Boy Meets World</u> "If at first you don't succeed, failure may be your style."

-Quinton Crisp



Matthew Lodeio

"This night's almost over. Honest, let's make this one last

-Blink 182

Jessica Lowinger

"When you go to heaven, you will be frightfully conscious of your wings for the first year or so. When you meet your relatives there, and they persist in treating you as if you were still a mortal, you will not be able to bear them. You will try to get into a circle which has never known you except as an -George Bernard Shaw angel."









Teremy Loucks

"Never take life too seriously, you'll never get out alive." -Van Wilder

Molly Lundquist

"Dreams are how we figure out where we want to go. Life is how we get there."

-Kermit the Frog

Mom and Dad - Love you. More





John MacInnes







Maria Maggioli

"The only real valuable thing is intuition."
-Albert Einstein

"Education is what remains after one has forgotten everything he learned in school." -Albert Einstein

Christine Mancuso

"Why be afraid to be crazy in public, if you never see those people again? At least you gave them something to smile about and with they could do." "Now is when we realize who really matters, who never did, and who always will."

a.s. a.s. a.h. & lizard

Thank you Mom, Dad, Jamle and Carl for always being there for me. I love you.









Jeanette

"If you're feeling frightened about what comes next, don't be. Embrace the uncertainty. Allow it to lead you places. Be brave as it challenges you to exercise both your heart and your mind as you create your own path towards happiness. Don't waste time with regret. Spin wildly into your next action. Enjoy the present, each moment, as it comes; because you'll never get another one quite like it."

-Gilmore Girls



Dane Marcotte

"Life is a succession of lessons, which must be lived to be understood."

-Ralph Waldo Emerson

"Life is like a sewer. What you get out of it de.

-Tom Lehrer

Erica Martina





Jeremy McCanh

"If you wish to make an apple pie from scratch, we must first invent the universe."

-Carl Sagan

"None but a coward dares to boast that he has never known fear."

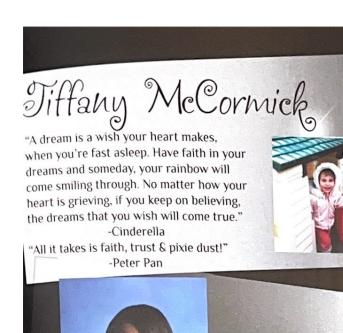
-Ferdinand Foch

Bryah McCarthy

"I don't think it's good attitude in your life to feel that you have to be rich to have self-esteem."











"Sports do not build character. They reveal it. Players win games, teams win championships. What counts in sports is not the victory, but the magnificence of the struggle." KEGVS #2

Worm-Young L -Felicia-Short-Syrup Twin/Bestfriend

Carley Ann Morreale...mad love







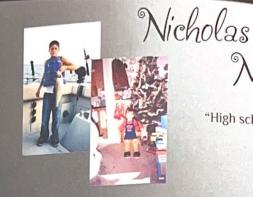


Stephanie McDonald

If you can't handle me at my worst, you sure can't handle me at my best.

K.M.M - twinies! S.E.G - best friends till the end.





McEldowney

"High school happy hour." -Dad

Michelle McJann

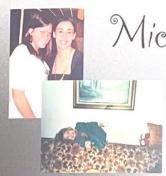
"Put your future in good handsyou own."

-Anonymous









Michelle McQuire

"Don't you know you can go be your own miracle, you need to know, if the mind keeps thinking you've had enough, but the heart keeps telling you don't give up, who are we to be questioning, wondering what is what Don't give up...through it all just stand up." -L.A. Reed

Scott McKibben

"There is nothing either good or bad, but thinking makes it so."

-William Shakespeare



Jessica McKinney



"Shoot for the moon. Even if you miss, you'll land among the stars."

-Les Brown

Daniel Medvin

I am me.









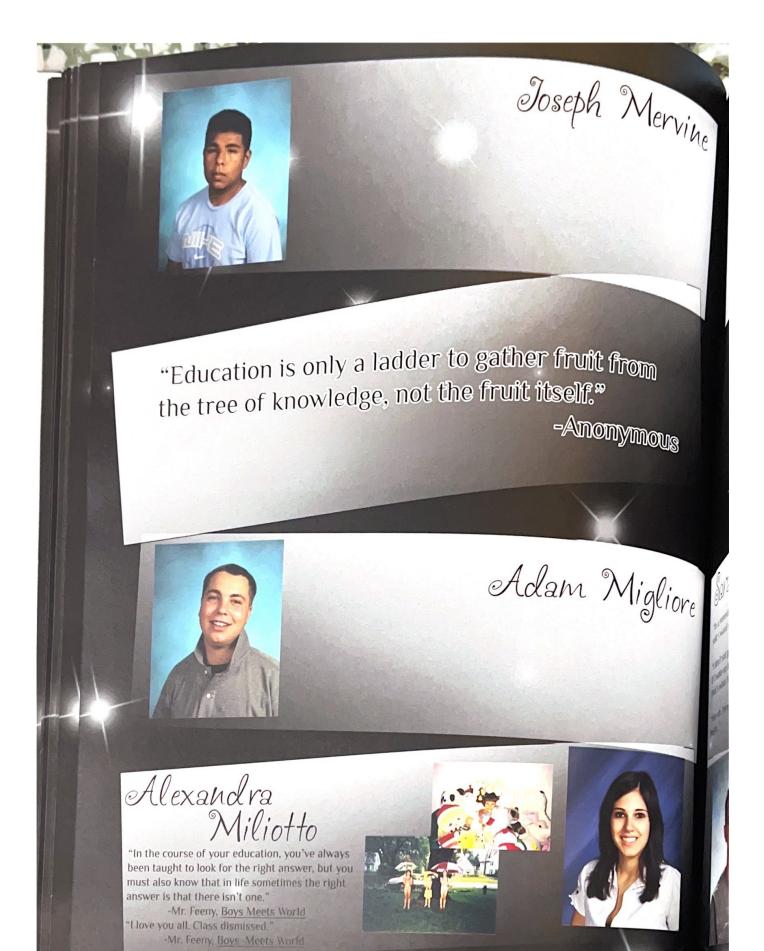
Emma Meer

"It's cool to love to win but it's better to hate to lose."

-Nas

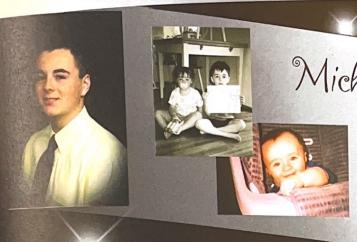
Short-Lee B-KEGVS#2-J.Bean-Stevie +
Syr*up:]
Best Friends Foreverrrrrr

Class of '09* peace easy <3333



"Your schooling here may be over, but remember that education still continues."

-Anonymous



Michael Minton

"We dream of hope. We dream of change. Of fire, of love, of death. And then it happens. The dream becomes real. And the answer to this quest, this need to solve life's mysteries finally shows itself. Like the glowing light of a new dawn."

-Heroes

"If your dog doesn't like someone you probably shouldn't either."

-Ging:)

Sarah Mobarak

"In a nonexistant place, I stand as I am. Please be yourself; I wand you to be that way forever."

-Ayumi Hamasaki
"I don't set goals...l do what I love to do at the moment.

If I wake up tomorrow and decide I want to dance,

that's what I'd do."

-Ayumi Hamasaki
"Hey oh, here I am. & here we go - life's waiting to

-Angels and Airwaves







begin...

Charles Modica





Steven Morton

"Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing."

-Abraham Lincoln

Daniel Myers









Sarah Nadrowski

"The future belongs to those who believe in the beauty of their dreams." -Eleanor Roosevelt

KEN EAST VARSITY GYMNASTICS = LOVE <3

Michael Nelson

"Memories are bittersweet, the good times we can't repeat, those days are gone and we can never get them back, now we must move ahead despite out fear and dread, we're all just wishing we could stop, but life goes on."

- The Offspring





Julia Normandin

"If ever there is tomorrow when we're not together..there is something you must always remember. You are braver than you believe, stronger than you seem, and smarter than you think. But the most important thing is, even if we're apart..!'ll always be with you."

-A. A. Milne, Winnie the Pooh
KK AS AT AS SJ BD NF <3 my girls forever ilu
Mommy & Daddy, I'll always be your little girl <3
Congratulations Class of 2009 <3





"Only the educated are free."

-Epictetus

Kirstie Oddo

"Really try to follow what it is that you want to do and what your heart is telling you to do." -Jennifer Aniston









Kerrie O'Keeffe

"I reject your reality and substitute my own."

-Adam Savage

"The future belongs to the people who prepare for it today"

-Malcolm χ

Brittany Owens

"Laugh as much as you breathe and love as long as you live." -Anonymous







Nicole Padovano

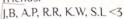
"What lies behind us and what lies before us are tiny matters compared to what lies within us."

-Ralph Waldo Emerson Mom & Dad: Thank you for everything you have ever given me. I couldn't have gotten this far without you. And thank you Amy, Christopher and Caitlyn for being the best siblings a girl could ask for. Thank you. I love you all.

"The highest result of education is tolerance." -Helen Keller

Andrea Palame

"Happiness is only real when shared."
-Christopher McCandless
If it weren't for my friends, I wouldn't be
the person I am today. A friend accepts
us as we are yet helps us to be what we
should. We have been through difficult
times, & somehow always manage to find
ourselves back where we started, best
friends.







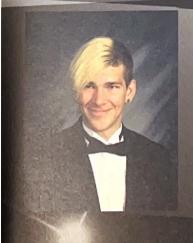
Ryan Palmer



I hear valces...

Amanda Papierski









Michael Patenaude





Kaela Pawelek

"And the dreams that you dare to dream really do come true."

-E. Y. Harburg

Allen Penfield







Melyssa Peplowski

"At least I don't care what these mindless people think of me."

-TSC

Mom & Dad, you've always been there & supported me no matter what. Thank you for everything. I wouldn't have made it without you. I love you both.

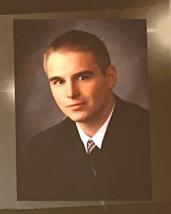
Rob & Jilly

Michael Pepperday

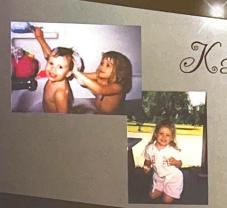




Joseph Perusich







Katelyn Pfeiffer

"Worry more about your character than your reputation, because your reputation is who people think you are and your character is who you really are."

-John Wooden

Cheers to life and good friends, love you all!

"Fear not for the future, weep not for the past."
-Percy Bysshe Shelley



Anthony Piazza





Michael Pierce

Philip Pinzone

"Life can be overwhelming, but don't turn your back on the strongest crutch you've ever had. They have always been there to brace your fall. Wave goodbye to the past. You've got your whole life to lead. It's time to gain some ground."

-August Burns Red KE Soccer 08, We define dynasty. #25

CR, JB, CS, JW, KS, JM, TW, AP, JQ, RF, RG, MY









Lewis Pizza

"You get what you got when you do what you've done."

-Anonymous

2, 5, 7, 10, 22, 39, 42, 45, 50, 52, 55, 58, 63, 67, 78, 80, 83, 88

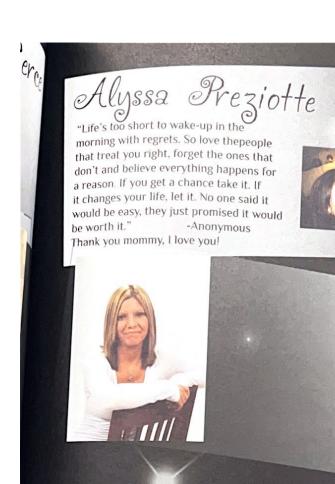
Todd Potter

Go confidently in the direction of your dreams. Live the life you have imagined.

"Together forever, never apart, maybe in distance but never at heart." <3 KK









"No matter how good you get, you can always get better."

-Tiger Woods
To Mom, Dad, and Rachel. all of the achievements and things accomplished throughout these past 13 years would never have been possible without the constant reinforcement and

confidence you had in me. Thank You!

Amy Prinzbach

"Time you enjoy wasting isn't wasted."

-John Lennon

"Everyone hears what you say. Friends listen to what you say. Best friends listen to what you don't say."

-Anonymous

"We have best friend humor, No one understands it but us."

-Andrea Palame

AP, RR, KW, TB, KT.







Laura Prohu





James Quinn

"There is no starting or stopping, only

-Peaceful Warrior "The journey is what brings us happiness, not the destination."

-Peaceful Warrior Thank you Mom and Quinn family. KE Soccer 08 we define dynasty CR, CS, TW, PP, JB, PM

Rachael Rackl

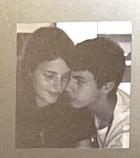
Thank you Mom, Dad, Momom and Papa for supporting me through everything. Joe, you are the best little brother I could ask for and Rebecca you are my best friend and the greatest sister. Kathryn, Andrea, Amy and Kristin, we've been best friends since kindergarten and I couldn't imagine going through anything without you.

Congratulations and good luck! Hove you!









Robert Rackl

"It is better, I think, to grab at the stars than to sit flustered because you know you cannot reach them...at least he who reaches will get a good stretch, a good view, and perhaps even a low hanging apple for his efforts."

-R. A. Salvatore

Camille Ratajezak

"I hope your dreams take you to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the most special places your heart has ever known."

t want to thank my parents for always.





Jennifer Rellinger











Shane Rende

"Go get 'em, and Go Bills!"
-Tim Russert

"To be good, you need to believe in what you're doing." -Billy Crystal

Daniel Rich







Richard son

"Some people say I have an attitude. Maybe I do. But I think that you have to. You have to believe in yourself when no one else does but the question isn't who is going to let me; it's who is going to stop me."

-Venus Williams & Ayn Rand





Justin Roehner

"Dream as if you'll live forever, live as if you'll die today." -James Dean

SEMPER FI

Brett Rogers

"You miss one-hundred percent of the shots you don't take." -Wayne Gretzky





"The future belongs to those who believe in the beauty of their dreams."

-Eleanor Roosevelt

Scott Rosenberg

"All the world's a stage, / And all the men and women merely players: / They have their exits and their entrances; / And one man in his time plays many parts, / His acts being seven ages. "

-William Shakespeare, As You Like It



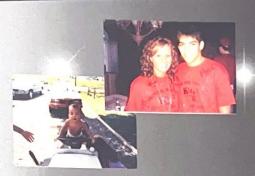


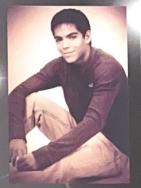
Cody Rouse

"Heroes are remembered, but legends never die."

-Anonymous

KE Soccer '08 We define dynasty P.P, C.S, J.W, T.W, A.P, J.B, J.Q What's up Kailee?









Lindsey Russ

"Life is one big road with lots of signs, so when you're riding through the ruts, don't complicate your mind. Flee from hate, mischief, and jealousy.

Don't bury your thoughts, put your vision to reality. Wake up and live!"

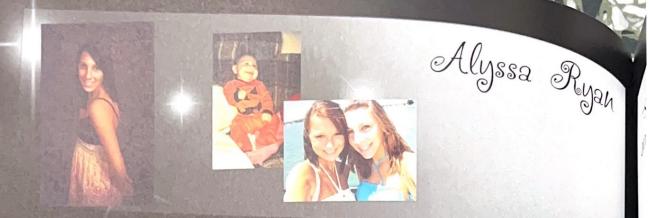
-Bob Marley

Justin Rustay





Martin Rutter



Jeana Rybicki







Kevin Samulski

"I learned that if you want to make it bad enough, no matter how bad it is, you can make it."

-Gale Sayers

Savannah Sanders

"Time will pass you by whether you want it to or not. It's the choices you make and the people you love along the way that will make the time you have worthwhile."

-Anonymous

Thanks to my mom for being there for are through the obstacles and happy it may of my life and always being by a very through everything.

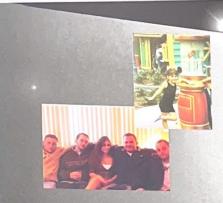




"Success is the ability to go from one failure to another with no loss of enthusiasm."

-Winston Churchill





Alicia Santonati

"It takes beauty to get to the top. But it takes brains to stay there."

-Anonymous

My family, I love you all so much! BEST friends

Always and Forever <3* u.k.w.u.r.

Katherine Santoro

"Closing time, every new beginning comes from some other beginnings end."

-Semisonic, "Closing Time"





Brendon Scheuneman





Amanda Schifferli "But maybe the best any of us can do is not quit, play the we've been dealt and accessorize what we've one

"But maybe the best any or us can uo is not quit, play the hand we've been dealt and accessorize what $w_{e'v_e}$ the City

"We might be laughing a bit too loud but that never hun

Mom, Dad & Megan, Everything I am, and ever will be I owe to you, I love Mom, Dad & Megan,

Kelsey Schmidt

You gave me life and help me get through it. Mom & Dad, love you!

"It wasn't logic, it was love."-Sex & the City. -Amigas Cheetahs, SY&MW&KS.

"Always know that no matter what happens, everything will always be alright."

-TC

"Nothing can stop me here with you, Superhuman." <3









James Schultz

A bronze shield always has to be polished to keep it the way it should be; a gold one doesn't. Be true to yourself, be true to God. Keep your eye set on the gold. Thank you Mom and Dad for all of your love and support.

James Schwartz



Amanda Sciabarrasi







Taylor Sciog

"All our dreams can come true if we have the courage to pursue them."
-Walt Disney

Caylee Sclavunos "Live life fully while you're here. Experience every-

"Live life fully while you're here. Experience everything. Take care of yourself and your friends. Have fun, be crazy, be weird. Go out and screw up! You're going to anyway, so you might as well enjoy the process. Take the opportunity to learn from your mistakes: find the cause of your problem and eliminate it. Don't try to be perfect; just be an excellent example of being human."

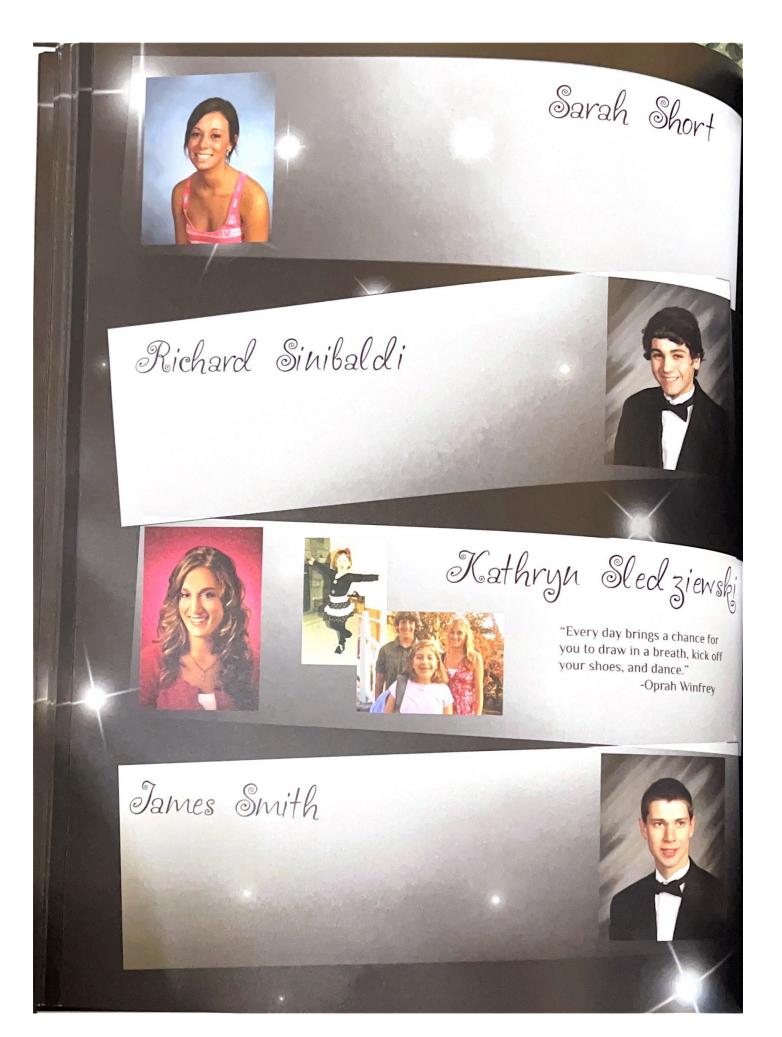
-Anthony Robbins <3







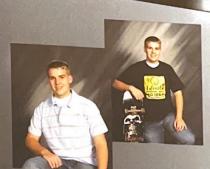
Casey Sheehan



"Whatever your past has been, you have a spotless future."

-Anonymous





Daniel Snyder

Remember that time, when Anthony stole that book bag from Grinders.....

Elizabeth Snyder

"Every new beginning comes from some other beginning's end."

-Semisonic, "Closing Time"

Meeting you was fate. Becoming your friend was choice. But falling in love with you i had no control over. $\rm JPQ < 3$

Thanks for everything FAM, Love you all,









Sabriel Sorrentino

"Never look back unless you are planning to go that way." -Sue Mathers "If you can imagine it, you can achieve it; if you can dream it, you can become it."

-William Arthur Ward

Jina Sparacino

"The roughest road often leads to the top."

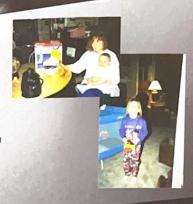
-Christina Aguilera

"Just don't give up trying to do what you really want to do. Where there's love and inspiration, I don't think you can go wrong."

-Ella Fitzgerald

Mom and Dad-Thank you for everything! I love you both<3

KE Varsity Cheerleading<3









Zara Sparacino

"Do not look back and grieve over the past, for it is gone; and do not be troubled about the future, for it has not yet come. Live in the present, and make it so beautiful that it will be worth remembering."

-Ida Scott Taylor

"I don't know if we each have a destiny, or if we're all floatin' around accidential--like on a breeze. But I, I think maybe it's both.

-Forrest Gump

Roselyn Speaker

"Tomorrow we will run faster, stretch out our arms farther... So we beat on, boats against the current, borne back ceaselessly into the past."

-F. Scott Fitzgerald. The Creat Cats of





Randall Speich







Mariah Speth

"When I was a child, I talked like a child; I thought like a child; I reasoned like a child. When I became a man, I put childish ways behind me. We don't yet see things clearly. We're squinting in a fog, peering through a mist. but it won't be long before the weather clears and the sun shines bright! We'll see it all then, see it all as clearly as God sees us, knowing Him directly just as He knows us!"

1 Corinthians 13:11-12

Lordan Stanley

"Rarely is the questioned asked: Is our children learning?"

-Former President George W. Bush

R.L.P. Maya







James Stauffiger

"May the force be with you."
-Yoda

"Excuse me while I kiss the sky."
-Jimi Hendrix

"There's a snake in my boot!"
-Woody





Allison Stearns
"Faith is daring the soul to go beyond what the eye can see."

"Always be a first-rate version of yourself, instead of a second-rate version of someone else." -Judy Garland

Mom & Dad, I love you so much.

Mom & Dad, thore you Marissa & Mallory, thanks for being the best sisters a girl

David & Giavonna, you are my world and I love you

Ryan Stehlin

"To return evil for good is devilish. To return good for good is human. To return good for evil is divine." -Alistair Begg









Jeffrey Stelianou

"The difference between the impossible and the possible lies in a man's determination." -Tommy Lasorda

Sarah Sterns

"She's a rusty tin on the outside, but inside she's full of diamonds. She really deserves to be catapulted away from all her troubles. She deserves a chance...[She] decided thore and then that from now on, she was going to be similabled and the world better watch our. because a new strike frim the stand to borst





Jake Stewart

"What we do in life, echoes in eternity."

-Russel Crowe









Amanda Stickney

"Being grown up isn't half as fun as growing up, these are the best days of our lives. The only thing that matters is just following your heart, and eventually you'll finally get it right."

-The Ataris

"Soon enough you're best friends, laughing at other girls who think they're so cool, we'll be outta here as soon as we can."

-A.S. A.H. C.M.-

Jessica Stith

"I hope you never fear those mountains in the distance / Never settle for the path of lease resistance / Living might mean taking chances / But they're worth taking / Lovin' might be a mistake / But it's worth making / Don't let some hell-bent heart / Leave you bitter / When it comes to selling out / Reconsider / Give the heavens above / More than just a passing glance / And when you get the choice to sit it out or dance / I hope you dance."

-Lee Ann Womack, "I Hope You Dance"









Shannon Stotz

"What lies behind us and what lies before us are tiny matters compared to what lies within us."
-Ralph Waldo Emerson

Stephanie Swanekamp







Andrew Szaflarski

John Taggart

Four years at Kenmore East have left long lasting memories that I will have forever.

"If your not first your last."

-Ricky Bobby, Talladega Nights

"Shake and Bake"

-Ricky Bobby, Talladega Na.

"Lacrosse #10 and Football #88"





Paul Tatu

"Our deepest fear is not what we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. We are all meant to shine as children do. It's not just in some of us; it is in everyone. As we are liberated from our own fear, our presence automatically liberates others."

- Timo Cruz from Coach Carter



"It is not the mountain we conquer but ourselves."

-Sir Edmund Hillary

Jonathan Tiedeman







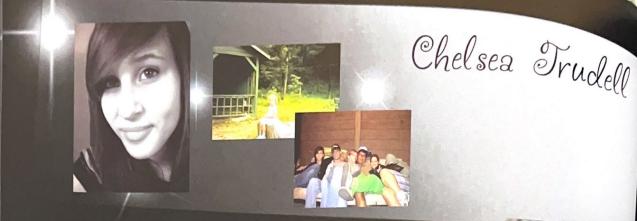
Kelly Traina

"For beautiful eyes, look for the good in others; for beautiful lips, speak only words of kindness; for poise, walk with the knowledge that you are never alone."

-Audrey Hepburn

K.E.K.A. - Deeoo, B.C, C.A.M.F A.P.R.R.K.W.T.B.T.M.R.Y

Love You - Mom, Dad, Justin



Kaitlynn Trzaska

"Success is the ability to go from one failure to another with no loss of enthusiasm."

-Winston Churchill "Laugh as much as you breathe and love as long as you live."

-Anonymous Adam, Kellie, Julia









Brian Umphreyville

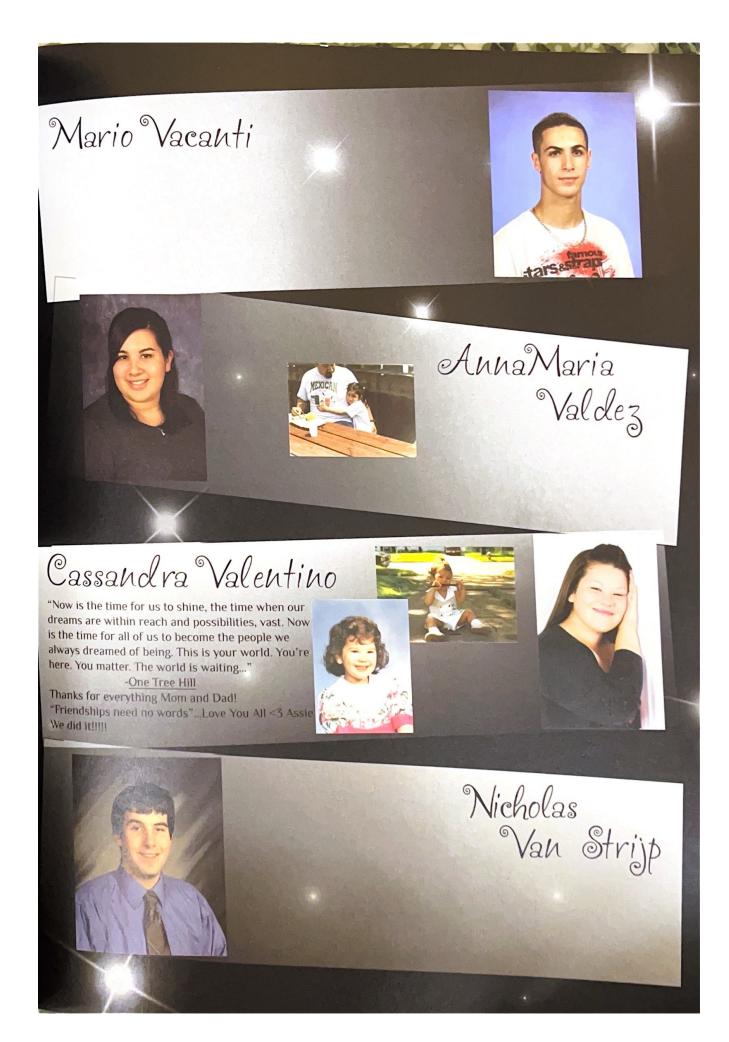
"So here we are, back to the start again, trying hard to wait 'till morning" -Hawthorne Heights

Michael Ushman

"I think the only reason people hold onto memories so tight is because memories are the only things that don't change with marrybody also don't











Matthew Veronica

"Sunny days wouldn't be special if it wasn't for rain, Joy wouldn't feel so good if it wasn't for pain."

-50 Cent

"You've got so much up ahead, you'll make new friends, you should keep your kids and wife and I'd end up saying have no fear, these are nowhere near the best years of your life."

-Brad Paisley

"Pain is weakness leaving the body."

-U.S. Marine Corps

Nicholas Veronica

"When there's something you really want, fight for it. Don't give up, no matter how hopeless it seems. When you've lost hope, ask yourself, ten years from now, are you going to wish you gave it one more shot? Because the best things in life...they don't come free."

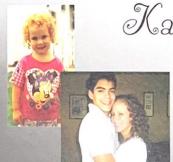
-Anonymous

There are many things in life that will catch your eye, but only few that will catch your heart. Follow those. -Michael Nolan









Kailee Wainwright

"We always thought we'd look back on our tears and laugh, but we never thought we'd look back on our laughter and cry."

-Anonymous

"Now is when we realize who really matters, who never did, and who always will."

-Anonymous

Hey Cody!

Crystal Walter





Kristin Watt

"You have the power to stretch reality to fit your dreams." -Anonymous









Lindsey Watts

"It's no use going back to yesterday; because I was a different person then."

-Alice in Wonderland

Troy Weber







Matthew Webster



Kevin Whitehead

"Baseball is the only field of endeavor where a man can succeed three times out of ten and be considered a good performer." -Ted Williams

"Champions aren't made in the gyms. Champions are made from something they have deep inside them--a desire, a dream, a vision."

-Muhammad Ali









Scott Whitehead

"Progress always involves risks. You can't steal second base and keep your foot on first."

-Frederick B. Wilcox "I worked very hard. I felt I could play the game. The only thing that could stop me was myself."

-Jim Abbott

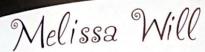
Mary Wienchowski

"This town is full of monsters! How canyou sit there and eat pizza?"

-James Sunderland







"If you are single there is always one thing you should take out with you on a Saturday night... -Sarah Jessica Parker your friends." Amigas Cheetahs. SY&KS&MW

Mom and Dad thanks for putting up with me...

Love you!

Amanda, even though we get into fights and you're sometimes a pain in the butt, you're a great-sister. Thanks for always being there for me.





James Williams

Jonathan Wilson





Jon Anthony Wiltberger

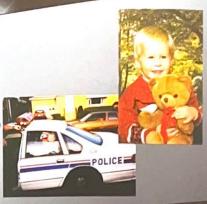


Cameron Wittstruck

Michael Wloclarezyk "You play to win the game. You don't

"You play to win the game. You don't play it just to play it. That's the great thing about sports; you play to win, and I don't care if you don't have any wins. You go play to win."

-Herman Edwards











Megan Wojcinski

"Those who hope in the Lord will renew their strength. They will soar on wings like eagles, they will run and not grow weary, they will walk and not be faint."

Isaiah 40: 30-31 Mariah, you are the definition of a best friend Thank you. (Remember when we met Bryce Avary?!)

shmagaldiferous

Jeffrey Wood

"All I got is dreams that nobody else can see, nobody else believes, nobody else but me"

-Jay-Z Mom, Dad, Brothers, and Sisters thanks for the support KE Soccer 08, We Define Dynasty





"Graduation is not the end, it's the beginning."

-Orrin Hatch





Catherine Woods

"Focus more on your desire than your doubt, and the dream will take care of itself."

-Marcia Wieder Thank you Mom, Dad, Cayle, and Bryan. I love you. Alli, I love you girl. CAAKA

Monique Wright

"Just believe and you'll fly."









Jessica Wyckoff

"You can kiss your family and friends goodbye and put miles between you, but at the same time you carry them with you in your heart, your mind, and your stomach, because you do not just live in a world, but a world lives in you."

-Anonymous

Mom and Dad, thank you for everything you have done for me. I love you.

ALC. For Life,



Adam Wyman

"He who throws mud loses ground."

-Anonymous

Samantha Jorko

"Maybe our mistakes are what makes our fate. Without them, what would shape our lives? Perhaps if we never veered off course we wouldn't be who we are. People come into our lives and go, but it's comforting to know the ones you love are always there in your heart."

-Sarah Jessica Parker

Amigas Cheetah SY&MW&KS
Miles apart but never at heart. EN<3







Rachel Young

"I hope your dreams take you...to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the most special places your heart has ever known."

-Anonymous

Anthony Zaccaria

"I'm going into this not knowing what I'll find / but I've decided to follow my heart and abandon my mind / and if there be pain I know at least I gave my all / and it is better to have loved and lost than to not have loved at all / In the morning I may wake to smile or to cry / but first to those of my past I must say goodbye."

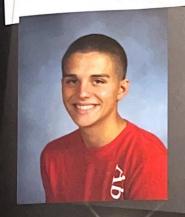
-Tupac Shakur, "Se I Sav Goodbye





Julian Zamora





Randall Zangara

Stephanie Ziolkowski

"If ever there is tomorrow when we're not together, there is something you must always remember. You are braver than you believe, stronger than you seem, and smarter than you think."

-A. A. Milne, Winnie the Pooh

FG.EF.KL<3









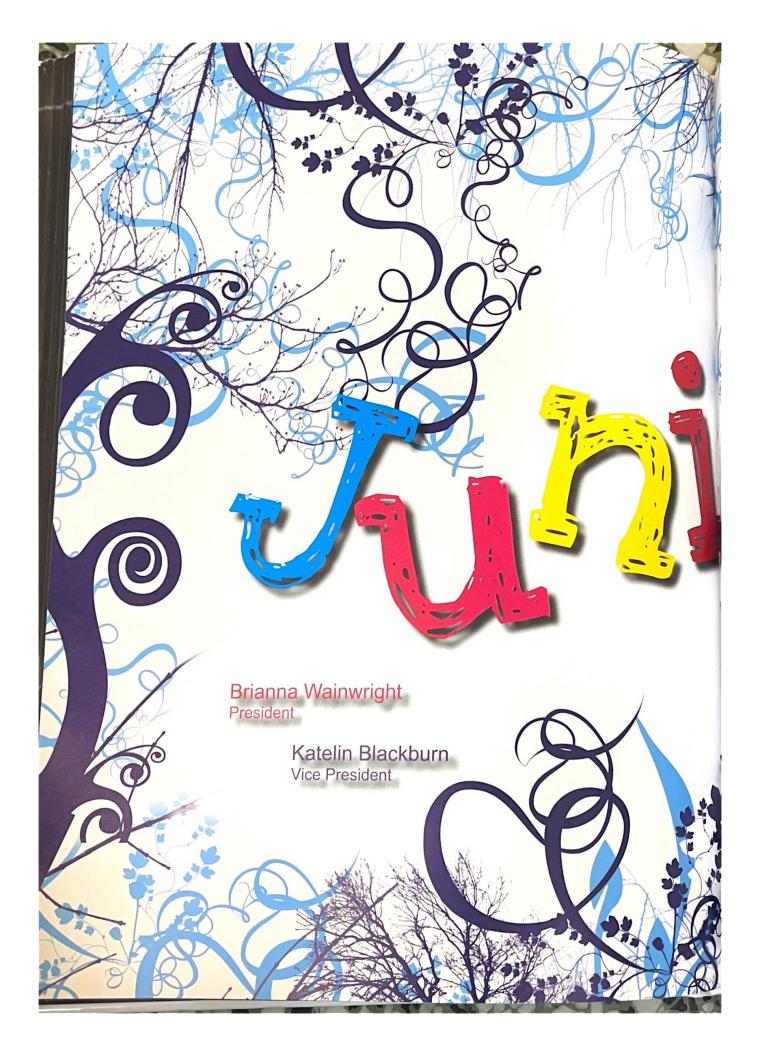
Stephen Zvorsky

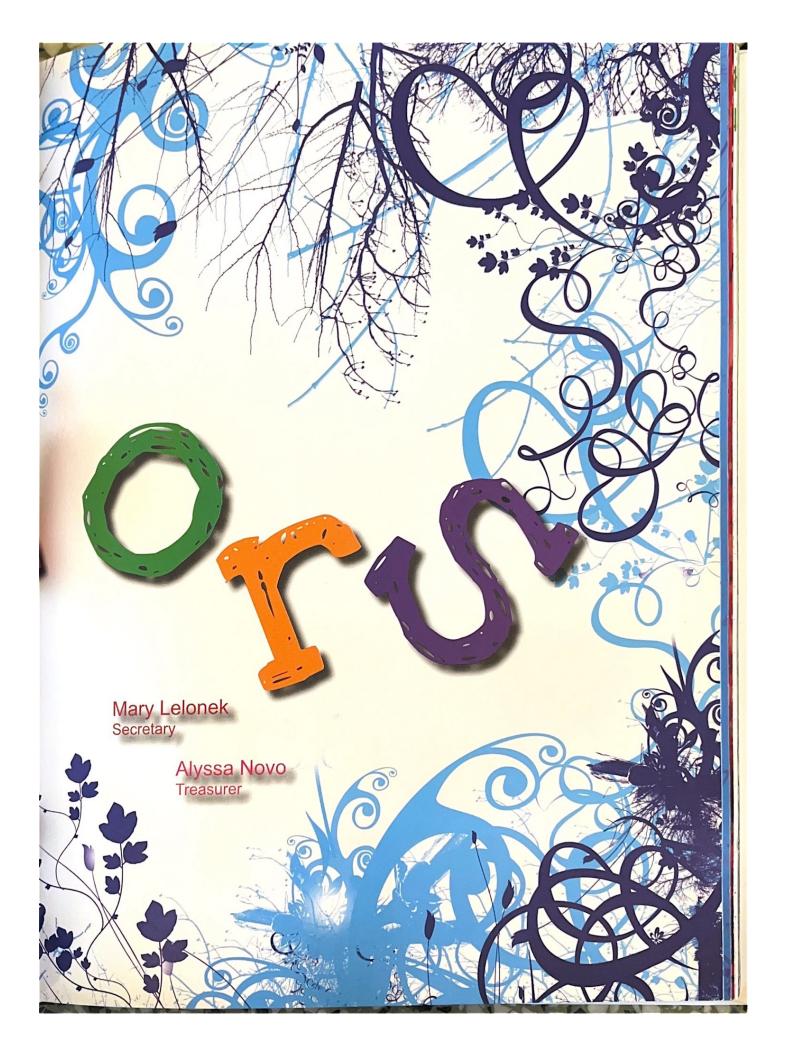
The pictures by which we want to be remembered are the ones we keep tucked in our memories.

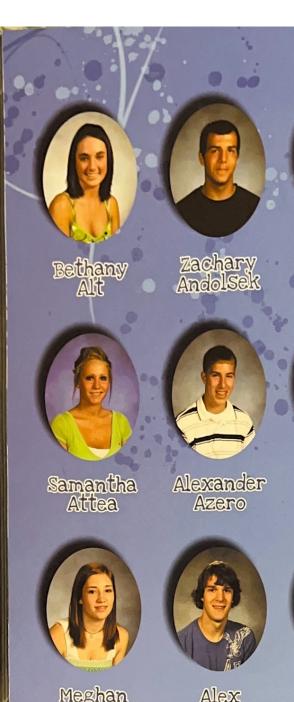
The quotes by which we want to be remembered are not so much the words that came out of our mouths, but rather what we "said" through the things we did and the way we did them.

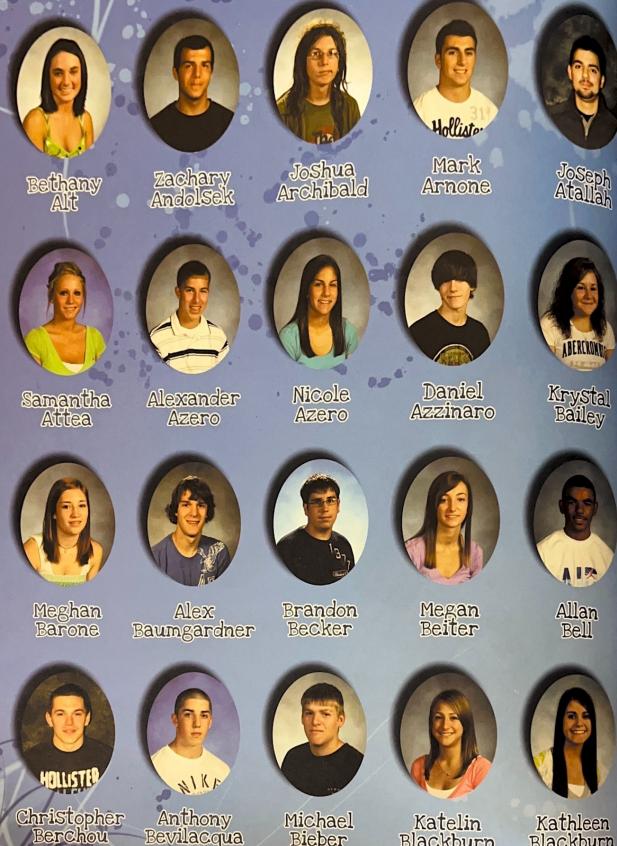


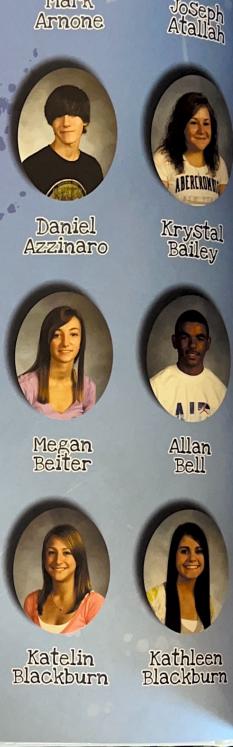












Anthony Bevilacqua

Bieber

