Registration begins August 19, 2019 at noon!

Register online @ www.ktufts.org/ce_register
Kenmore-Town of Tonawanda UFSD
Community Education Department
155 Delaware Road, Room 218
Buffalo, New York 14217
(716) 874 - 8500

Board of Education
Dr. Jill O’Malley, President
Mr. Andrew Gianni, Vice President
Mr. Matt Chimera, Trustee
Dr. Thomas Reigstad, Trustee
Ms. Michelle Tarbox, Trustee
Mr. Stephen Bovino, Superintendent of Schools

District Administration
John Brucato
Assistant Superintendent for Finance
Jeffery Richards
Assistant Superintendent for Human Resources
Kelly White
Assistant Superintendent for Instruction & Student Services

Community Education Staff
Liza M. Acanfora, Director
Michelle Giambra, Clerk Typist
Gina Walck, Senior Clerk Typist

The Kenmore-Town of Tonawanda Union Free School District does not discriminate on the basis of an individual’s actual or perceived race, color, creed, religion, religious practice, national origin, ethnic group, sex, gender identity, sexual orientation (the term “sexual orientation” means heterosexuality, homosexuality, bisexuality, or asexuality), political affiliation, age, marital status, military status, veteran status, disability, domestic violence victim status, arrest or conviction record, genetic information or any other basis prohibited by New York state and/or federal non-discrimination laws in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. In addition, students are also afforded protection based on weight. All employment and educational opportunities operated by the Kenmore-Town of Tonawanda Union Free School District will be offered consistent with the terms of this non-discrimination policy.
REGISTRATION BEGINS MONDAY AUGUST 19, 2019 AT NOON!

1. Online 24/7 @ www.ktufsd.org/ce_register

2. Mail a completed registration form with a signed waiver plus check or credit card payment to:
   Community Education Office
   155 Delaware Road, Room 218
   Buffalo, New York 14217

3. Walk-in registration Monday through Friday 8:30-3:30PM in room 218. Should the office be closed, please leave completed registration form, signed waiver, and payment in the drop slot outside of the office door and we will process your registration upon return.

Please note, the Community Education office is closed for all school holidays and during recesses.

Payment Options
1. Visa, Master Card, Discover, or American Express
2. Checks made payable to Kenmore-Town of Tonawanda UFSD
3. Cash (walk-in registration only - exact change is appreciated, please don’t send cash by mail)

Fees Payable Upon Registration
Enrollments must be accompanied by the total fee listed in the course description. Registrations are processed in the order they are received. Assume you are registered unless otherwise notified.

Course Cancellations
In the event of insufficient enrollment, classes will be canceled three (3) school business days before the start date. You will be notified by email. Full refunds will be issued in the event of such cancellation. If original payment was made by cash or check, a refund check will be processed. For payment by credit card, a refund will be issued to your account if original payment was within 120 days. If over, a check will be issued.

Late Registration
Registering on or after the first scheduled day of class is permitted if space is available, however class fees will not be prorated. If registering late, it must be done through our office during regular business hours.

Refunds & Transfers
Requests for refunds or transfers must be made to the Community Education office at least three (3) business days before the scheduled start of a course, excluding courses with a specific registration deadline. A medical request for a refund or transfer made after the start of a class will require a doctors note. A $5.00 processing fee will be applied in all instances.

Residency
Registration for classes is open to all, regardless of residency. A resident, entitled to resident fee prices, is defined as one who lives in and pays taxes to the Kenmore-Town of Tonawanda UFSD. Please call our office prior to registering should you have questions regarding residency.

Gold Card Discount
If you are age 60 and over and reside within the boundaries of the District, you are entitled to Gold Card privileges. Obtaining a Gold Card qualifies the holder for a reduced rate on specified classes. To obtain a Gold Card, please visit our Department office and bring proof of age and residency. You must obtain your Gold Card prior to enrolling in classes to receive the reduced rate.

Employee Fee
Employees of the District are eligible for an employee discount. For more information or to see if a class qualifies, please contact the Community Education office!

Emergency Closings
Closings due to inclement weather will be announced on local radio and TV stations. If the Ken-Ton School District is closed during the day, evening programs are also canceled. In addition, our office is closed. Makeup sessions will be arranged when possible.

We love early registrants!

Please remember, if a course does not meet the necessary minimum enrollment three (3) business days before the start date, we may have to cancel the course. If you are interested in a course, sign up early to reserve your spot!
New Visitor Procedures:

As part of a new initiative to help foster a safe and secure learning environment while school is in session, changes are being made to visitor procedures at school buildings. The first phase of this initiative was establishing a single point of entry in all nine school buildings, which was accomplished at the start of the 2018-19 school year. The second phase of this initiative is the implementation of a secured visitor management system. One component of this is the Raptor system, which is being piloted in select school buildings in anticipation of district-wide implementation. Once Raptor is implemented, visitors will need to have a valid government-issued identification in order to gain entry to a school building.

The Ken-Ton School District appreciates the cooperation of the entire school district community as these changes have been implemented. Please visit www.ktufsd.org/visitors to learn more about Raptor and the changes that are taking place to visitor procedures. Parents/guardians will receive additional information when their child’s school begins implementing the Raptor system.

School Breakfast/Lunch Applications:

The Ken-Ton School District Food Service Department encourages all families whose household income has been impacted as a result of any job loss or change to apply for free/reduced-price lunch and breakfast. Families can apply at any point during the school year, and once you qualify, your child will be eligible to receive free/reduced-price lunch for the remainder of the school year. Please contact the Food Service Department at (716) 874-8400 ext. 20404 for information on how to apply.

Megan’s Law Notifications:

In accordance with the NYS Sex Offender Registration Act, also known as Megan’s Law, law enforcement agencies periodically provide notifications to school districts regarding registered sex offenders who may be residing or intend to reside within the school district. These notifications are disseminated electronically so that staff and parents may have fast and easy access to Megan’s Law notifications. Please visit www.ktufsd.org/MegansLaw for more information and for recent Megan’s Law notifications.

Job Opportunities:

The Ken-Ton School District has many exciting job opportunities available! Please visit www.ktufsd.org/jobs to learn more.

Substitute Teachers are in high demand throughout the Ken-Ton School District. Substitute teachers earn a minimum of $90.00 per day with opportunities to work virtually every day of the school year. They are eligible to join the NYS Retirement System and earn credit toward retirement. Substitute teacher positions also offer the opportunity to work regularly and flexibly depending upon your own personal preferences.

Bus Drivers are also in high demand. Permanent positions are available and these positions offer great hourly wages as well as benefits including NYS retirement. Training is provided by the district free of cost. The success of every child is dependent on their ability to get to school on time every day, and that would be impossible without the work of the district’s dedicated bus drivers. The vital services they provide are appreciated and valued by the entire school district community.

District News & Updates!
2020-2021 Budget:

All residents are invited to take part in the 2020-2021 Kenmore-Town of Tonawanda UFSD budget development process. Budget work sessions are scheduled for Tuesday February 4, 2020; Tuesday March 3, 2020; and Tuesday March 24, 2020. These public meetings provide residents the opportunity to learn about the budget, receive updates, and ask questions/comment on the proposed budget. The Budget Hearing will take place on Tuesday May 12, 2020 and the Budget Vote and Board of Education Election will be held from 7 a.m. to 9 p.m. Tuesday, May 19, 2020 at Hoover Middle School (use the Sheridan Drive entrance). Comprehensive information on the proposed 2020-21 budget will be posted to the district website as it becomes available, and information about the budget will be mailed to all district households in early May 2020.

District Warning on E-Cigarettes Usage:

Schools and communities across the country, including Ken-Ton, are experiencing an emerging threat to public health: the rapidly increasing use of electronic cigarettes, or e-cigarettes, among adolescents. The Ken-Ton School District is committed to engaging the entire school district community in curbing e-cigarette use by students and supporting students in making healthy choices. Please visit our website at www.ktufsd.org where you will find additional information and resources on the dangers of e-cigarettes and steps the community can take to meet this threat.

Capital Project:

The Kenmore-Town of Tonawanda Union Free School District is currently in the process of planning an upcoming Capital Project, which is expected to go to voters for approval in February 2020. This Capital Project will address the extensive capital needs of the district’s aging school buildings, which are between 60 and 90 years old. If approved, this project will be funded primarily through New York State Education Department Building Aid, with additional funding from the district’s capital reserve. Through careful fiscal planning, and by prioritizing the needs of our buildings, this project will have little, if any, impact on property taxes.

Comprehensive planning has taken place to identify areas of need in all schools. Although the district will not be able to address all identified areas of need, this Capital Project will encompass critical maintenance and construction work as well as enhancements that will have the greatest impact upon student life and learning as well as health and safety.

This project will continue the work that began with the previous two capital projects, the first of which was approved by voters in 2009 and the second of which was approved by voters in 2014. The previous two projects were both completed on time and under budget. These projects were primarily funded through New York State Building Aid and addressed the most pressing needs of our school buildings at the time while also making significant investments in athletics/physical education and auditorium facilities with minimal impact on property taxes. By organizing this work into a voter-approved capital project, these projects are able to be funded primarily through New York State Building Aid, which is a source of funding that would otherwise go to other school districts. It also enables the district to minimize the impact on property taxpayers.
2. Edison Elementary  
   236 Grayton Road (door #4)

3. Franklin Elementary  
   500 Parkhurst Blvd. (door #17)

4. Franklin Middle  
   540 Parkhurst Blvd. (door #17)

5. Holmes Elementary  
   365 Dupont Ave. (door #1)

6. Hoover Elementary  
   199 Thorncliff Road (door #12)

7. Hoover Middle  
   249 Thorncliff Road (door #20)
   *Enter from Sheridan Drive*

8. Kenmore East High School  
   350 Fries Road (door #10, 22, or #1)

9. Kenmore Middle School  
   155 Delaware Road  
   AM - (door #9)  
   PM - (door #5, 8, or #9)  
   Elevator access: Door #5 after 3PM

10. Kenmore West High School  
    33 Highland Parkway (door #1 or #2)

11. Lindbergh Elementary  
    184 Irving Terrace (door #1)

Hamilton Field  
44 Westfall Road

Crosby Field  
100 Crosby Ave.

Longfellow Field  
257 Myron Ave.

9. Community Education Office  
   Kenmore Middle School (rm 218)  
   155 Delaware Road  
   Buffalo, New York 14217

OFFICE HOURS:  
Sept. - June  8:30-3:30PM  
July - Aug.  8:00-2:30PM

(716) 874 - 8500
The Kenmore-Town of Tonawanda UFSD Adult Education Department’s mission is to provide engaging, differentiated, and outcome-based programming in a safe and welcoming environment at no cost to our students. Classes are designed for those over the age of 17 wishing to accomplish a longstanding goal, the development of a new goal, or enroll in post-secondary training that leads to sustainable employment.

**High School Equivalency**

HSE classes are designed to prepare individuals for success on the TASC™ exam (formerly GED), leading to the attainment of a New York State High School Equivalency diploma. A NYS certified teacher delivers instruction in all five content areas supported by case management and career counseling. Residency in Ken-Ton is not required. Students must be 17 years of age or older. *Enrollment is ongoing and students can begin at any time!*

**Monday - Friday**

9:00-12:00PM

**Tuesday & Thursday**

6:00-9:00PM

Kenmore Middle School Room 230
155 Delaware Road
Buffalo, New York 14217

**Distance Learning**

Distance Learning (DL) provides adults an alternative to the traditional classroom setting for earning a High School Equivalency diploma.

GRASP is a DL High School Equivalency test preparation program for adults who cannot attend traditional classes due to work schedules, family responsibilities, transportation problems, or other difficulties. Work-packets are made by your teacher and are custom to your individual academic needs.

The ideal DL student is able to self-motivate and work independently. Your NYS certified teacher will be available via email and phone to assist with content and barriers you may face. Tutoring and case management is available on campus at no cost to the DL student.

**New York State TASC Test Site #069**

Ken-Ton is proud to be contracted with the NYS Education Department as a Public Test Site to administer the TASC™ exam at no-cost to the examinee. Paper-based or computer-based testing is available.

**TASC™ Testing Sites**

Kenmore Middle School
155 Delaware Road
Buffalo, New York 14217

SUNY Erie North Campus
6205 Main Street
Williamsville, New York 14221

**TASC™ Test Dates:**

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Modified testing can be scheduled at any time. **Questions?** Call Liza at (716) 874-8400 ext. 32232.

**Regent’s Exam - NYS 4th Pathway**

Do you have Regent’s Exam credit but never earned your official High School Diploma? The New York State Board of Regents now provides an additional pathway to earn a High School Equivalency (HSE) Diploma by allowing individuals to use passing scores on certain Regent’s exams in place of the corresponding TASC™ sub-tests.

For more information about this Pathway, the process for applying, and how it may benefit you, call us today! Ken-Ton can help you navigate the process.

**FAST Track Program**

Do you need to pass the TASC™ exam to earn your High School Equivalency (HSE) Diploma? New York State has launched an exciting new “Fast Track” opportunity for examinees that have to take the TASC™ math subtest. We can help you on your fast-tracked journey to being successful on the TASC™ exam with this new outcome-driven initiative.

This program provides intensive math modules to help examinees be more successful on the TASC™ exam. Individualized activities to reduce test anxiety are available if needed.

For more information or to enroll: (716) 874-8403 ext. 32631 or info_adult_education@ktufsd.org
English as an Alternate Language

Are you a non-native English speaker? Are you interested in improving your reading, writing, speaking, and listening proficiency in the English language? Our classes can help!

Classes are based on proficiency level and designed to teach real-world strategies and everyday life skills while increasing English language mastery. Enrollment is ongoing and students can begin classes at any time.

Monday - Thursday 9:30AM-12:30PM
Kenmore Middle School
155 Delaware Road
Buffalo, New York

Monday - Thursday 4:30-7:30PM
Franklin Middle School rm 272
540 Parkhurst Blvd.
Buffalo, New York 14223

Citizenship Exam Preparation

Citizenship classes are designed to prepare immigrants and refugees to take the US naturalization test. The main goals of the class are to facilitate memorization of 100 Civics questions and answers and build understanding of key vocabulary relevant to the N-400 Biography form. Students will practice reading, writing, speaking, and listening, along with learning about United States history.

Every Tuesday 5:00-6:30PM
Franklin Middle School library
540 Parkhurst Blvd.
Buffalo, New York 14223

Every Friday 9:00-10:30AM
Kenmore Middle School rm 226
155 Delaware Road
Buffalo, New York 14217

For more information or to enroll: (716) 874-8403 ext. 32631 or info_adult_education@ktufsd.org

SUNY Erie Pathways Program

Ken-Ton Adult Education is proud to be a partner with SUNY Erie to offer all students a "pathway to success" by bridging the gap to success in a collegiate setting. Are you interested in attending SUNY Erie? Call today for more information!

SUNY ERIE
State University of New York

Catholic Charities Workforce Development

Ken-Ton Adult Education has partnered with Catholic Charities Workforce Development to provide wrap-around services to 17-24 year old High School Equivalency students!

Catholic Charities team members will provide counseling, case management, job readiness coaching, job placement services, and overall support to students enrolled in the High School Equivalency program. Incentives are given throughout participation in the program!
American Sign Language for Adults - Level 1
This is an introductory course to American Sign Language. Students will learn vocabulary such as numbers 1-100, the alphabet, greetings, wh-questions, basic activities, months, family, colors, food, etc. This class will develop the students' expressive language skills. No prior knowledge needed. A field trip to a deaf event to practice your skills will be included in the course. Date/time will be announced in class!

Instructor: Anna Caci
9 sessions
Resident Fee……………$93.00  
Nonresident Fee……………$99.00  
Gold Card Fee……………$74.00  
Kenmore Middle rm 226 
Th, 5:55-7:25PM  
Course #19FLG04A
10/3/19, 10/17/19, 10/24/19, 10/31/19, 
11/7/19, 11/14/19, 11/21/19, 12/5/19, 12/12/19

American Sign Language for Adults - Level 2
Students will learn feelings, describing people, introduction to role shifting, directional verbs, commands, sequential events, time, and rhetorical why as because. This class will focus on honing the basic skills learned in Level 1. A field trip to a deaf event to practice your skills will be included in the course. Date/time will be announced in class! Successful completion of ASL Level 1 or comparable is a prerequisite.

Instructor: Anna Caci
9 sessions
Resident Fee……………$93.00  
Nonresident Fee……………$99.00  
Gold Card Fee……………$74.00  
Kenmore Middle rm 226 
Th, 7:30-9:00PM  
Course #19FLG04B
10/3/19, 10/17/19, 10/24/19, 10/31/19, 11/7/19, 
11/14/19, 11/21/19, 12/5/19, 12/12/19

American Sign Language for Kids
This is an introductory course to American Sign Language for kids ages 8-13. Students will learn vocabulary such as numbers 1-100, the alphabet, greetings, wh-questions, basic activities, months, family, colors, and food. This class will develop student's expressive language skills. No prior knowledge is needed!

Instructor: Anna Caci
5 sessions
Resident Fee……………$31.00  
Nonresident Fee……………$37.00  
Kenmore Middle rm 226 
Th,4:45-5:45PM  
Course #19FLG04K
11/7/19, 11/14/19, 11/21/19, 12/5/19, 12/12/19
Jr. LEGO WeDo Robotics: Amazing Mechanisms (Grades K-2)
In this program we will explore a variety of coding and technology skills as well as working on group collaboration, critical thinking, and hands-on skills! Children will have the opportunity to learn about parts of robots and machines such as axles, circuits, gears and pulleys. Many of these simple machines are easily translatable to real-life situations (doorknobs, cars, even pulling water from a well!). The students will be building and coding, using motion sensors while building dancing birds, a drumming monkey, a spinner, and more!  **Course Fee: $90.00**

**Edison Elementary**
6 sessions  
Edison science rm 125  
Th, 3:20-4:20PM  
**Course #19FKF79E**  
10/24/19, 11/7/19, 11/14/19, 11/21/19, 12/12/19, 12/19/19

**Holmes Elementary**
6 sessions  
Holmes rm 207  
F, 3:25-4:25PM  
**Course #19FKF79H**  
10/25/19, 11/1/19, 11/8/19, 11/15/19, 11/22/19, 12/6/19

**Franklin Elementary**
6 sessions  
Franklin science rm 203  
Tu, 3:25-4:25PM  
**Course #19FKF79F**  
10/22/19, 10/29/19, 11/12/19, 11/19/19, 11/26/19, 12/3/19

**Lindbergh Elementary**
6 sessions  
Lindbergh rm 111  
M, 3:20-4:20PM  
**Course #19FKF79L**  
10/21/19, 10/28/19, 11/4/19, 11/18/19, 11/25/19, 12/2/19

**Hoover Elementary**
6 sessions  
Hoover Community room  
Tu, 3:20-4:20PM  
**Course #19FKF79HVR**  
10/29/19, 11/12/19, 11/19/19, 11/26/19, 12/3/19, 12/10/19

**We love early registrants!**
Please remember, if a course does not meet the necessary minimum enrollment three (3) business days before the start date, we may have to cancel the course. If you are interested in a course, sign up early to reserve your spot!
**Engineering for Kids-Jr. Fairytale & Superhero (Grades K-2)**

Students will explore fairy tales and superheroes from different points of view and engage in activities to investigate solutions for each fairy tale and superheroes’ obstacles. Students will use engineering skills to design and create a tool to hypnotize Batman, construct a tower for Rapunzel, and a goose launcher for Jack's golden egg! **Course Fee: $90.00**

- **Edison Elementary**
  - 6 sessions
  - Edison science rm 125
  - Th, 3:20-4:20PM
  - **Course #20WKF79E**
    - 1/30/20, 2/13/20, 2/27/20, 3/5/20, 3/12/20, 3/26/20

- **Franklin Elementary**
  - 6 sessions
  - Franklin science rm 203
  - Tu, 3:25-4:25PM
  - **Course #20WKF79F**

- **Hoover Elementary**
  - 6 sessions
  - Hoover Community rm
  - Tu, 3:20-4:20PM
  - **Course #20WKF79HVR**

- **Holmes Elementary**
  - 6 sessions
  - Holmes rm 207
  - F, 3:25-4:25PM
  - **Course #20WKF79H**
    - 1/24/20, 1/31/20, 2/7/20, 2/28/20, 3/6/20, 3/13/20

- **Lindbergh Elementary**
  - 6 sessions
  - Lindbergh rm 111
  - M, 3:20-4:20PM
  - **Course #20WKF79L**
    - 1/27/20, 2/3/20, 2/10/20, 2/24/20, 3/2/20, 3/9/20

**Apprentice Fairytale & Superhero (Grades 3-4)**

Students will explore fairy tales and superheroes from different points of view and engage in activities to investigate solutions for each fairy tale and superheroes’ obstacles. Students will use mechanical engineering skills to design and create different modes of transportation, such as a getaway vehicle for the heroine and a wagon for the princess, as civil engineers students will construct a tower for Rapunzel, a catapult for Super girl and more! **Course fee: $90.00**

- **Edison Elementary**
  - 6 sessions
  - Edison faculty room, rm 130
  - Th, 3:20-4:20PM
  - **Course #20WKF80E**
    - 1/30/20, 2/13/20, 2/27/20, 3/5/20, 3/12/20, 3/26/20

- **Franklin Elementary**
  - 6 sessions
  - Franklin library rm 209
  - Tu, 3:25-4:25PM
  - **Course #20WKF80F**

- **Holmes Elementary**
  - 6 sessions
  - Holmes art rm 109
  - F, 3:25-4:25PM
  - **Course #20WKF80H**
    - 1/24/20, 1/31/20, 2/7/20, 2/28/20, 3/6/20, 3/13/20

- **Lindbergh Elementary**
  - 6 sessions
  - Lindbergh m 114
  - M, 3:20-4:20PM
  - **Course #20WKF80L**
    - 1/27/20, 2/3/20, 2/10/20, 2/24/20, 3/2/20, 3/9/20

**Critical Thinking**

**Problem Solving**

**Creativity**

**Independent Thinking**

**“Inspiring the next generation of Engineers”**

Registration for EFK is online only. Please visit www.ktuhsd.org/ce_register. Mail-in registration will not be accepted due to the unique data fields necessary to capture for this program.
KidsPlay Indoor Football Skills
Are you ready for some football? Whether your child is a football star or has never played football before, Indoor Football will develop their football knowledge and skills. In each weekly session, players will receive fundamental football skills and speed training coordinated by veteran high school coach, Matt O’Malley. Experienced players will continue to build on their current base of skills and new players will receive a fun and informative introduction to football. Each session will have football specific skill training, speed and agility work followed by modified flag football drills or indoor flag football scrimmages. All sections have seven scheduled sessions.

Indoor Football (Ages 8-10)
Resident Fee.............$79.00
Nonresident Fee......$85.00
Lindbergh El. gym
F, 6:30-7:30PM
Course #19FKF13A
12/13/19, 12/20/19, 1/3/20, 1/10/20, 1/17/20, 1/31/20, 2/7/20
Lindbergh El. gym
F, 6:30-7:30PM
Course #20WKF13A

Indoor Football (Ages 10-13)
Resident Fee.............$79.00
Nonresident Fee......$85.00
Lindbergh El. gym
F, 7:30-8:30PM
Course #19FKF13B
12/13/19, 12/20/19, 1/3/20, 1/10/20, 1/17/20, 1/31/20, 2/7/20
Lindbergh El. gym
F, 7:30-8:30PM
Course #20WKF13B

KidsPlay Sabretooth Floor Hockey (Ages 4-6)
If you have a future Jack Eichel currently hitting a hockey ball around out in the driveway, Floor Hockey is a fun and interesting introduction to hockey during a player’s formative years. Hockey stresses the development of stick-handling, passing and shooting skills as well as understanding how hockey works. Game rules are modified to heighten skill development and ensure equal playing time for all players. A KidsPlay shirt and an individual award are included in the program fee. Players use the same equipment as used in school gym class. A mouth guard is required. All sections have seven scheduled sessions.

Resident Fee.............$79.00
Nonresident Fee........$85.00
Hoover Middle large gym
Tu, 6:30-7:30PM
Course #19FKF07A
12/3/19, 12/10/19, 12/17/19, 1/7/20, 1/14/20, 1/21/20, 1/28/20
Hoover Middle large gym
Tu, 7:30-8:30PM
Course #19FKF07B
12/3/19, 12/10/19, 12/17/19, 1/7/20, 1/14/20, 1/21/20, 1/28/20
Hoover Middle large gym
Tu, 6:30-7:30PM
Course #20WKF07

KidsPlay Blue and Gold Floor Hockey League (Ages 6-9)
One of our most popular Fall-Winter programs, KidsPlay Hockey League stresses the development of stick handling, passing and shooting skills as well as defensive/defensive strategy. Players use the same equipment as used in school gym class. A mouth guard is required. All sections have seven scheduled sessions.

Resident Fee.............$92.00
Nonresident Fee........$98.00
Hoover Middle large gym
M, 6:30-7:45PM
Course #19FKF08
12/2/19, 12/9/19, 12/16/19, 1/6/20, 1/13/20, 1/27/20, 2/3/20
Hoover Middle large gym
Tu, 7:30-8:30PM
Course #20WKF08

KidsPlay Monday Night NFL Flag Football (Ages 6-9)
NFL Flag Football is an excellent alternative to full-contact, full equipment, “6 nights a week” youth football leagues. The game is strictly “no contact” football with primary emphasis placed on the development of passing, receiving, running and coverage skills, and having fun playing football. Games are played with modified rules to heighten skill development and assure equal playing time. NFL Flag is not a highly competitive program. Players meet for 75 minutes each week - a 30 minute training session followed by a 45 minute game. A NFL team-oriented reversible football jersey and flag belt are included in the fee. A mouth guard in mandatory. All sections are played at Hamilton Field.

Resident Fee............$110.00
Nonresident Fee......$116.00
6 sessions
M, 5:15-6:45PM
Course #19FKF16
9/23/19, 9/30/19, 10/7/19, 10/14/19, 10/21/19, 10/28/19

KidsPlay Sabretooth Floor Hockey (Ages 4-6)
If you have a future Jack Eichel currently hitting a hockey ball around out in the driveway, Floor Hockey is a fun and interesting introduction to hockey during a player’s formative years. Hockey stresses the development of stick-handling, passing and shooting skills as well as understanding how hockey works. Game rules are modified to heighten skill development and ensure equal playing time for all players. A KidsPlay shirt and an individual award are included in the program fee. Players use the same equipment as used in school gym class. A mouth guard is required. All sections have seven scheduled sessions.

Resident Fee.............$79.00
Nonresident Fee........$85.00
Hoover Middle large gym
Tu, 6:30-7:30PM
Course #19FKF07A
12/3/19, 12/10/19, 12/17/19, 1/7/20, 1/14/20, 1/21/20, 1/28/20
Hoover Middle large gym
Tu, 7:30-8:30PM
Course #19FKF07B
12/3/19, 12/10/19, 12/17/19, 1/7/20, 1/14/20, 1/21/20, 1/28/20
Hoover Middle large gym
Tu, 6:30-7:30PM
Course #20WKF07
**KidsPlay and Kenmore Soccer Club** offer an exciting soccer training program that is second to none in WNY. Designed for both veteran and inexperienced players, the Academy training and League program hosts weekly training/game sessions led by veteran KidsPlay coaches and optional weekly training sessions conducted by college coaches. All training and games are designed to be fun and challenging for any young player with a strong interest in improving their skills and understanding of how team soccer works. Players meet once each week for a 30-45 minute training session followed immediately by a 5 v. 5 game that lasts 35-45 minutes. After a basic evaluation session conducted during week #1, an even amount of experienced and inexperienced players are distributed onto all teams. Primary instructional focus is on the development of dribbling, passing, and receiving skills. All players have the option of attending an additional weekly training led by Kenmore Soccer Club Academy. The Academy provides intensive skills training in a fun environment for players who are committed to elevating their level of play. Players can find out more information on Academy training and can confirm their attendance with their KidsPlay coaches. A KidsPlay team shirt is included in the program fee. All games and practice sessions are coordinated by Tim and Zac Hirschbeck. League players meet on a rotating schedule at 6:30 or 7:45PM. Shinguard are required. **All sections have seven scheduled sessions.**

<table>
<thead>
<tr>
<th>Blue Division (Ages 6-8)</th>
<th>Red Division (Ages 9-12)</th>
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</thead>
<tbody>
<tr>
<td><strong>Resident Fee</strong> ........ $92.00</td>
<td><strong>Resident Fee</strong> ........ $92.00</td>
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<tr>
<td><strong>Nonresident Fee</strong> ...... $98.00</td>
<td><strong>Nonresident Fee</strong> ...... $98.00</td>
</tr>
<tr>
<td>Hoover Middle large gym</td>
<td>Kenmore Middle gym</td>
</tr>
<tr>
<td>F, 6:30-9:00PM</td>
<td>F, 6:30-9:00PM</td>
</tr>
<tr>
<td><strong>Course #19FKF14B</strong></td>
<td><strong>Course #19FKF14R</strong></td>
</tr>
<tr>
<td>10/4/19, 10/18/19, 10/25/19, 11/1/19, 11/8/19, 11/15/19, 11/22/19</td>
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<tr>
<td>Hoover Middle large gym</td>
<td>Kenmore Middle gym</td>
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<tr>
<td>F, 6:30-9:00PM</td>
<td>F, 6:30-9:00PM</td>
</tr>
<tr>
<td><strong>Course #20WKF14B</strong></td>
<td><strong>Course #20WKF14R</strong></td>
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<tr>
<td>1/17/20, 1/24/20, 1/31/20, 2/7/20, 2/14/20, 2/28/20, 3/6/20</td>
<td>1/17/20, 1/24/20, 1/31/20, 2/7/20, 2/14/20, 2/28/20, 3/6/20</td>
</tr>
</tbody>
</table>

**KidsPlay Soccer (PC Soccer Ages 3-4 & Level I Soccer Ages 4-6)**

Soccer is an ideal sport for young players. The game is easy to learn, contains constant activity, and provides plenty of opportunity for players to run and learn skills. KidsPlay hosts small-sided games and scrimmages allowing for plenty of touches on the ball. Even at introductory levels, our coaches are adamant about teaching basic support and teamwork. No blob soccer is allowed! The philosophy of PC Soccer and Level I Soccer stresses skill development and learning in a fun and friendly atmosphere. Half of each class is devoted to fun instructional training/games with the remaining half devoted to scrimmage. Two KidsPlay coaches teach a maximum of 22 children in each class. A KidsPlay T-shirt is included in the program fee. Please note that PC Soccer is a parent-child activity. An active parent or guardian 18 years or older must accompany a child in each session. All players must be of age by the first scheduled class.

**KidsPlay Cancellations:** Please Note: If you think a class might be canceled, call 873-2353, a message will outline the status of classes, or visit www.kidsplaywny.com (click ON/OFF) after 4:00PM weeknights and 8:00AM weekends.

**KidsPlay Soccer (PC Soccer Ages 3-4 & Level I Soccer Ages 4-6)**

<table>
<thead>
<tr>
<th>Blue Division (Ages 6-8)</th>
<th>Red Division (Ages 9-12)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Resident Fee</strong> ........ $79.00</td>
<td><strong>Resident Fee</strong> ........ $79.00</td>
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<tr>
<td><strong>Nonresident Fee</strong> ...... $85.00</td>
<td><strong>Nonresident Fee</strong> ...... $85.00</td>
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<tr>
<td>Hoover Middle large gym</td>
<td>Kenmore Middle gym</td>
</tr>
<tr>
<td>Tu, 6:30-7:15PM</td>
<td>Tu, 7:15-8:15PM</td>
</tr>
<tr>
<td><strong>Course #19SKF93T</strong></td>
<td><strong>Course #19FKF15T</strong></td>
</tr>
<tr>
<td>9/24/19, 10/1/19, 10/8/19, 10/15/19, 10/22/19, 10/29/19, 11/12/19</td>
<td>9/24/19, 10/1/19, 10/8/19, 10/15/19, 10/22/19, 10/29/19, 11/12/19</td>
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<tr>
<td>Hoover El. gym</td>
<td>Hoover El. gym</td>
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<tr>
<td>Sa, 2:00-2:45PM</td>
<td>Sa, 1:00-2:00PM</td>
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<tr>
<td><strong>Course #19FKF93S</strong></td>
<td><strong>Course #19FKF15S</strong></td>
</tr>
<tr>
<td>9/28/19, 10/5/19, 10/12/19, 11/2/19, 11/9/19, 11/16/19, 11/23/19</td>
<td>9/28/19, 10/5/19, 10/12/19, 11/2/19, 11/9/19, 11/16/19, 11/23/19</td>
</tr>
<tr>
<td>Kenmore Middle gym</td>
<td>Kenmore Middle gym</td>
</tr>
<tr>
<td>Sa, 2:00-2:45PM</td>
<td>Sa, 1:00-2:00PM</td>
</tr>
<tr>
<td><strong>Course #20WKF93B</strong></td>
<td><strong>Course #20WKF15B</strong></td>
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<tr>
<td>1/18/20, 1/25/20, 2/1/20, 2/8/20, 2/15/20, 2/22/20, 3/7/20</td>
<td>1/18/20, 1/25/20, 2/1/20, 2/8/20, 2/15/20, 2/22/20, 3/7/20</td>
</tr>
</tbody>
</table>
CULTURE KIDS
SPANISH

Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-4 student to learn the Spanish language. This unique and exciting program features foundation vocabulary introduced through games, singing and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the student’s ability to absorb rather than translate the language. If you have taken a Spanish Club (formerly CultureKids now The Enrichment Company) class previously, new vocabulary is introduced with each session. Class is open to new and returning students!

Register online at www.TheEnrichmentCompany.com. Forms can be downloaded and mailed to The Enrichment Company, please do not send registration to schools or Ken-Ton Community Education. For questions, please contact The Enrichment Company at 1-833-436-7424.

Edison Elementary
6 sessions
Fee..............$82.00
Edison rm 130, faculty rm
T, 3:20-4:00PM
Course #19FKF92E
10/22/19, 10/29/19, 11/12/19, 11/19/19, 11/26/19, 12/3/19
Edison rm 130, faculty rm
T, 3:20-4:00PM
Course #20WKF92E

Hoover Elementary
6 sessions
Fee..............$82.00
Hoover El. library
W, 3:20-4:00PM
Course #19FKF92H
10/23/19, 10/30/19, 11/6/19, 11/13/19, 11/20/19, 12/4/19
Hoover El. library
W, 3:20-4:00PM
Course #20WKF92H

Franklin Elementary
6 sessions
Fee..............$82.00
Franklin El. community room
M, 3:25-4:05PM
Course #19FKF92F
10/21/19, 10/28/19, 11/4/19, 11/18/19, 11/25/19, 12/2/19
Franklin El. community room
M, 3:25-4:05PM
Course #20WKF92F
2/10/20, 2/24/20, 3/2/20, 3/9/20, 3/16/20, 3/23/20

Lindbergh Elementary
6 sessions
Fee..............$82.00
Lindbergh El. library
F, 3:20-4:00PM
Course #19FKF92L
10/25/19, 11/1/19, 11/8/19, 11/15/19, 11/22/19, 12/6/19
Lindbergh El. library
F, 3:20-4:00PM
Course #20WKF92L

After school Generation POUND®- Rockout Workout (Ages 9-12)
The next generation of POUND® is here! Created not just as a workout geared towards kids, but a movement that aims to change the concept of health and fitness for today’s youth. Get ready to make fitness about self-expression, empowerment, self-love, and FUN with friends! Generation POUND® is an alternative way to MOVE, ROCK, PLAY, and make NOISE! This class is a youth-oriented program that fuses movement and music to improve focus, coordination, physical fitness, and teamwork skills.

Instructor: SowFit Buffalo Staff
10 sessions
Fee..................$69.00
Kenmore Middle rm 221
Tu, 5:00-6:00PM
Course #19FSP61
9/24/19, 10/1/19, 10/8/19, 10/15/19, 10/22/19, 10/29/19, 11/12/19, 11/19/19, 11/26/19, 12/3/19

10 sessions
Fee..................$69.00
Kenmore Middle rm 221
Tu, 5:00-6:00PM
Course #20WSP61
Karate for Kids I (Ages 6-9)
Children are fascinated with the movements, the excitement, and the vitality of Karate. The study of Karate can have far reaching benefits for growing children. Development of self-discipline, self-confidence, and self-esteem are stressed through the study of traditional Okinawan Karate. Karate I is a prerequisite to the ongoing Karate for Kids II program. Parent must accompany their child.

Instructor: Vicky Maslona  
8 sessions  
Resident Fee…………….$32.00  
Nonresident Fee………..$38.00  
Lindbergh Elementary gym

M, 6:00-6:30PM  
Course #19FKF01A  
9/16/19, 9/23/19, 9/30/19, 10/7/19, 10/21/19, 10/28/19, 11/4/19, 11/18/19

M, 6:00-6:30PM  
Course #20WKF01A  
1/13/20, 1/27/20, 2/3/20, 2/10/20, 2/24/20, 3/2/20, 3/9/20, 3/16/20

Karate (Ages 14–Adult)
This class is open to teens and adults interested in learning Okinawan Goju-Ryu. No prior experience needed. Students will train at their own pace to progress through belt ranks. Classes will focus on the study of karate technique, kata and application to self-defense. Instructors are affiliated with International Okinawan Goju-Ryu Karate-do Federation (IOGKF).

Instructor: Vicky Maslona  
8 sessions  
Resident Fee…………….$96.00  
Nonresident Fee………..$102.00  
Gold Card Fee………….$.77.00  
Lindbergh Elementary gym

M, 8:00-9:30PM  
Course #19FSP16A  
9/16/19, 9/23/19, 9/30/19, 10/7/19, 10/21/19, 10/28/19, 11/4/19, 11/18/19

M, 8:00-9:30PM  
Course #20WSP16A  
1/13/20, 1/27/20, 2/3/20, 2/10/20, 2/24/20, 3/2/20, 3/9/20, 3/16/20

Karate for Kids I & II (Ages 10-13)
Join us in learning or further developing Karate techniques, self-discipline, self-confidence and self-esteem. Students have the opportunity to progress at their own level of development and test for belt rank advancement as they improve techniques of traditional Karate.

Instructor: Vicky Maslona  
8 sessions  
Resident Fee…………….$48.00  
Nonresident Fee………..$54.00  
Lindbergh Elementary gym

M, 7:00-7:45PM  
Course #19FKF11A  
9/16/19, 9/23/19, 9/30/19, 10/7/19, 10/21/19, 10/28/19, 11/4/19, 11/18/19

M, 7:00-7:45PM  
Course #20WKF11A  
1/13/20, 1/27/20, 2/3/20, 2/10/20, 2/24/20, 3/2/20, 3/9/20, 3/16/20

We love early registrants!

Please remember, if a course does not meet the necessary minimum enrollment three (3) business days before the start date, we may have to cancel the course. If you are interested in a course, sign up early to reserve your spot!

Did you put an email address on your registration form? Please note, you will only receive registration confirmations if you provide an email address!
NEW COURSES FOR ADULTS

Intro to Microsoft Access
This workshop will take students through common issues encountered when creating an Access database for the first time. We'll review some real life examples of "relational" data, and then create our own tables, queries, forms, and reports. For hands-on practice, students can bring their own data to work with or work from data scenarios supplied by the instructor.

Instructor: Barbara Olsafsky
4 sessions
Fee.............$80.00
Kenmore Middle rm 229
Th, 1:00-3:00PM
Course #19FCM16
10/3/19, 10/10/19, 10/17/19, 10/24/19

4 sessions
Fee.............$80.00
Kenmore Middle rm 229
Tu, 1:00-3:00PM
Course #20WCM16

Intro to QuickBooks
Learn how to navigate through the desktop program, create a company in QuickBooks, work with lists ad bank accounts, receive payments, and make deposits. You should have a basic knowledge of bookkeeping/accounting and know how to use a computer to be successful in this class. Feel free to bring your own laptop if you have QuickBooks installed.

Instructor: Paula Pirson
1 session
Fee.............$85.00
Kenmore Middle rm 229
Tu, 9:00AM-1:00PM
Course #19FCM15
10/22/19

1 session
Fee.............$85.00
Kenmore Middle rm 229
Th, 9:00AM-1:00PM
Course #20WCM15
3/5/20

Ancient Meaning in the Modern Wedding
Why does a man kneel when he proposes? Why are wedding guests seated separately? This class answers all of your questions about wedding traditions and the customs they were modeled after. There is a book fee of $8.00 payable to the instructor the first night of class.

Instructor: Lynn Lougen
4 sessions
Fee.............$60.00
Kenmore Middle rm 229
Th, 6:30-8:00PM
Course #19FXT13
10/3/19, 10/10/19, 10/17/19, 10/24/19

4 sessions
Fee.............$60.00
Kenmore Middle rm 229
Th, 6:30-8:00PM
Course #20WXT13
3/5/20, 3/12/20, 3/19/20, 3/26/20

Discover The History Behind Your Favorite Holiday Songs
Let’s discuss the history behind classic and well-loved Christmas songs. Historical, researched information, lyrics and holiday tunes will be shared in this interesting overview of the timeless classics. Come hear about the “how” and “why” these holiday songs came about and explore the past as we share information and learn where these popular tunes came from. The historical information shared will be funny, shocking, interesting, and entertaining.

Instructors: Eileen Canning DiPasquale & Mark DiPasquale
1 session
Fee.............$25.00
Kenmore Middle rm 217
F, 7:00-8:30PM
Course #19FXT06
12/6/19

Heart Saver CPR & AED
This course is a video-based, instructor-led course that teaches adult and child CPR & AED use, infant CPR, and how to relieve choking in adults, children, and infants. The instructor observes the student, provides feedback and guides the student learning of skills. A certificate of completion will be sent to the student after the class is complete.

Instructor: Nancy Cliff
1 session
Fee.............$95.00
Kenmore Middle community rm
W, 4:00-8:30PM
Course #19FXT32
10/2/19

1 session
Fee.............$95.00
Kenmore Middle community rm
W, 4:00-8:30PM
Course #20WXT32
3/5/20

Retire Confidently, Income-Now Strategy
It doesn’t matter how old you are or what stage of life you’re in, planning for your retirement income needs today can increase your confidence in the future. The right information doesn’t just inform your decisions, it can help to make potential challenges more manageable.

Instructor: Emmanuel Akinyele
1 session
Resident Fee.............$14.00
Nonresident Fee.............$20.00
Gold Card Fee.............$11.00
Kenmore Middle rm 217
M, 6:00-8:00PM
Course #19FMF14
10/7/19

1 session
Resident Fee.............$14.00
Nonresident Fee.............$20.00
Gold Card Fee.............$11.00
Kenmore Middle rm 217
M, 6:00-8:00PM
Course #20WMF14
3/2/20

Community Education Office
155 Delaware Road, Room 218
Buffalo, New York 14217
(716) 874 - 8500
Register online @ www.ktufsd.org/ce_register
Co-Ed Self Defense
Learn the fundamentals of self-defense in an attack. The foundations of this course are awareness and avoidance. It will include discussion and practical application of self-defense techniques taught by certified instructors. No experience necessary, please wear normal gym attire and indoor gym shoes. This is “on the mat” training. Please note that this class runs Tuesday and Thursday for eight consecutive weeks and does not follow the school district schedule for closed holidays. All classes take place at SPAR Self Defense, 2309 Eggert Road, Tonawanda NY 14150.

Instructor: SPAR Self Defense Instructors

Fee.........................$79.00
Tu/Th, 5:30-6:15PM
Course #19FXT35SEP
9/17/19-11/7/19

Fee.........................$79.00
Tu/Th, 5:30-6:15PM
Course #20WXT35JAN
1/14/20-3/5/20

Fee.........................$79.00
Tu/Th, 5:30-6:15PM
Course #19FXT35OCT
10/8/19-12/3/19

Fee.........................$79.00
Tu/Th, 5:30-6:15PM
Course #20WXT35FEB
2/4/20-3/26/20

Fee.........................$79.00
Tu/Th, 5:30-6:15PM
Course #19FXT35NOV
11/5/19-1/9/20

Women’s Self Defense
Don’t be a victim! This course is designed to educate women and teach the fundamentals of self-defense in an attack. The foundations of this course are awareness and avoidance. It will include discussion and practical application of self-defense techniques for women, taught by certified women instructors. No experience necessary, please wear normal gym attire and indoor gym shoes. Please note that this class runs Monday and Wednesday for eight consecutive weeks and does not follow the school district schedule for closed holidays. All classes take place at SPAR Self Defense, 2309 Eggert Road, Tonawanda NY 14150.

Instructor: SPAR Self Defense Instructors

Fee.........................$79.00
M/W, 7:00-7:45PM
Course #19FXT07SEP
9/16/19-11/6/19

Fee.........................$79.00
M/W, 7:00-7:45PM
Course #20WXT07JAN
1/13/20-3/4/20

Fee.........................$79.00
M/W, 7:00-7:45PM
Course #19FXT07OCT
10/7/19-11/27/19

Fee.........................$79.00
M/W, 7:00-7:45PM
Course #20WXT07FEB
2/3/20-3/25/20

Fee.........................$79.00
M/W, 7:00-7:45PM
Course #19FXT07NOV
11/4/19-12/30/19

How To Start Your Own Business
Learn the first steps you need to take in order to get your venture off the ground, find a product or service, and learn how and where to market your ideas. Bring a notebook, questions, and your entrepreneurial mindset!

Instructor: Bill Long

Fee.........................$79.00
Kenmore Middle rm 217
Tu, 6:30-8:30PM
Course #19FXT01
9/24/19, 10/1/19

Fee.........................$79.00
Kenmore Middle rm 220
Th, 6:30-8:30PM
Course #19FXT01TH
11/7/19, 11/14/19

Fee.........................$79.00
Kenmore Middle rm 217
Tu, 6:30-8:30PM
Course #20WXT01
1/21/20, 1/28/20

Fee.........................$79.00
Kenmore Middle rm 220
Th, 6:30-8:30PM
Course #20WXT01TH
3/5/20, 3/12/20

Become a Community Education Instructor!
Do you have a skill or craft you know well that you’re passionate about and would like to teach others? We are looking for new courses to offer our Community, and want YOU to teach them! Teacher applications and course proposals are available on our website: www.ktufsd.org, Departments, Community Education, Forms & Resources. If you’d like more information on the new class process, please email Liza Acanfora at lacanfora@ktufsd.org.

EMERGENCY CLOSINGS
Closings due to inclement weather will be announced on local radio & TV stations along with our District website homepage www.ktufsd.org.

If Ken-Ton School District is closed during the day, evening classes are also canceled. In addition, our office is closed.
Understanding Your Smart Phone, iPhones, Androids, Windows
You will learn to use your device (SmartPhones - Android, iPhone, Windows or Tracfone). Covered subjects include accounts and passwords, apps, texting tips, attaching pictures to texts, saving pictures, adding contacts, Internet, using the Assistant, and more.

Instructor: Nancy Wise
3 sessions
Resident Fee.............$41.00
Nonresident Fee........$47.00
Gold Card Fee.........$33.00
Kenmore Middle rm 228
Th, 6:00-7:30PM
Course #19FCM06
10/10/19, 10/17/19, 10/24/19, 11/7/19, 11/14/19

Camera Basics: Manipulations - 101
Learn how to begin operating a 35mm camera like a pro. This course offers intensive hands-on coaching on controlling your camera when creating photographs. Class includes information on such subjects as camera technology, lenses, how to use the F-stops and shutter speeds. Also learn the basics of purchasing equipment. Bring an adjustable camera and all equipment to the first class. A field trip is scheduled on Saturday, November 2nd, 11:00am - 2:00pm.

Instructor: Bonita Chimes
3 sessions
Resident Fee.............$58.00
Nonresident Fee........$64.00
Gold Card Fee..........$46.00
Kenmore Middle rm 217
Th, 4:30-7:30PM
Course #19FPH11
10/24/19, 11/2/19, 11/14/19

Notary Public Preparation Course
The objective of the course is to educate individuals with the legal terminology, concepts, and clauses contained in the framework of the NYS Notary booklet. Fee includes: Supplemental study guide, Notary Fact Sheet, Practical exam, sample forms, Notary Public Application, NYS exam schedule and booklet, and access to Notary Public Centrals unlimited customer support.

Instructors: Dina DiRoma
1 session
Fee....................$105.00
Kenmore Middle rm 217
Tu, 6:30-9:30PM
Course #19FCP33
10/22/19

1 session
Fee....................$105.00
Kenmore Middle rm 225
Tu, 6:30-9:30PM
Course #20WCP33
3/17/20

Beginning French for the Traveler
Learn conversational French quickly and easily with this 10-minute a day method. Short conversations and class practice will help you learn the phrases and words you will need to get around “La Belle France.” A $20.00 fee is due to the instructor the first class for a copy of “The Everything Learning French Book” that is necessary for class.

Instructor: Teresa Brancato
5 sessions
Resident Fee.............$31.00
Nonresident Fee.........$37.00
Gold Card Fee..........$25.00
Kenmore Middle rm 225
Th, 6:30-7:30PM
Course #19FLG02
10/17/19, 10/24/19, 10/31/19, 11/7/19, 11/14/19

Understanding Your Smart Phone, iPhones, Androids, Windows
You will learn to use your device (SmartPhones - Android, iPhone, Windows or Tracfone). Covered subjects include accounts and passwords, apps, texting tips, attaching pictures to texts, saving pictures, adding contacts, Internet, using the Assistant, and more.

Instructor: Nancy Wise
3 sessions
Resident Fee.............$41.00
Nonresident Fee........$47.00
Gold Card Fee..........$33.00
Kenmore Middle rm 228
Th, 6:00-7:30PM
Course #19FCM09
9/19/19, 9/26/19, 10/3/19

Working in Pastels
Explore traditional and nontraditional methods of working with pastels. Discover a variety of effects that can be created with paper stencils and kneaded erasers. Learn how to finish, mat and frame your newly created works of art. The class will have teacher directed activities as well as a chance to draw from observation or photographs.

Instructor: Matthew Ryan
7 sessions
Fee....................$72.00
Kenmore Middle rm 220
W, 6:00-7:30PM
Course #19FCR02
9/25/19, 10/2/19, 10/9/19, 10/23/19, 10/30/19, 11/6/19, 11/13/19

Learn to Paint
This all-inclusive course is taught through teacher led painting and is fun for the beginner to the experienced painter. Students will work from teacher supplied visual references using water soluble oil paints. Students will create at least two paintings during the course. A materials fee of $25 will be due to the instructor and includes all supplies necessary.

Instructor: Matthew Ryan
7 sessions
Fee....................$72.00
Kenmore Middle rm 220
W, 7:30-9:00PM
Course #19FCR10
9/25/19, 10/2/19, 10/9/19, 10/23/19, 10/30/19, 11/6/19, 11/13/19

Windows 10 Computers - Basics & Beyond
This course includes using the Start Menu, finding useful apps like clock and calendar, Word and Excel, searching the Internet, the essential skill of copy and paste, file management, and email tips. Whether you use a computer every day or are just venturing out, this is the place to begin!

Instructor: Nancy Wise
6 sessions
Resident Fee.............$81.00
Nonresident Fee.........$87.00
Gold Card Fee...........$65.00
Kenmore Middle rm 228
Th, 6:00-7:30PM
Course #19FCM06
10/10/19, 10/17/19, 10/24/19, 11/7/19, 11/14/19, 11/21/19

CRAFTS, DRAWING, & PAINTING
Painting - Your Choice
The choice is up to you! Watercolors or Oils and Acrylics? Bring a picture you would like to paint and various techniques will be shown to help you develop your own style. Instructor will assist in brush and paints selection. Please purchase a watercolor kit and 140lb. paper for watercolors or acrylic kit and a pre-stretched & primed canvas for oils and acrylics. All classes take place at Kenmore Middle in room 219.

Instructor: Lawrence Chirico
12 sessions
Resident Fee.............$141.00
Nonresident Fee.............$147.00
Gold Card Fee.............$113.00
W, 6:00-9:00PM
Course #19FCR33WP
9/18/19, 9/25/19, 10/2/19, 10/9/19, 10/16/19, 10/23/19, 10/30/19, 11/6/19, 11/13/19, 11/20/19, 12/4/19, 12/11/19

11 sessions
Resident Fee.............$129.00
Nonresident Fee.............$135.00
Gold Card Fee.............$103.00
F, 9:00AM-12:00PM
Course #19FCR33FA
9/20/19, 9/27/19, 10/4/19, 10/11/19, 10/18/19, 10/25/11, 11/1/19, 11/8/19, 11/15/19, 11/22/19, 12/6/19, 12/13/19

Stained Glass Crafting
Enjoy the timeless art of stained glass crafting in this class designed for beginners and advanced. Please review the student supplies list online, all you'll need for the first class is a glass cutter, scrap glass, and a sharpie marker. Supplies can be purchased at Sunshine Glass in Cheektowaga.

Instructor: Deborah Wendt
8 sessions
Resident Fee..................$59.00
Nonresident Fee..................$65.00
Gold Card Fee..................$47.00
Kenmore Middle rm 219
Tu, 6:00-9:00PM
Course #19FCR08T
9/17/19, 9/24/19, 10/1/19, 10/15/19, 10/22/19, 10/29/19, 11/19/19, 11/26/19
Th, 6:00-9:00PM
Course #19FCR08TH
9/19/19, 9/26/19, 10/3/19, 10/10/19, 10/17/19, 10/24/19, 10/31/19, 11/7/19
Tu, 10:00AM-12:00PM
Course #20WCR08TPM
Tu, 6:30-8:30PM
Course #20WCR08TH
1/23/20, 1/30/20, 2/6/20, 2/13/20, 2/27/20, 3/5/20, 3/12/20, 3/19/20

Quilting - Seasonal or Holiday Quilt
Is there a special season you would like to commemorate with a quilt or wall quilt? Do you have a special holiday - such as Halloween, Thanksgiving, Christmas for which you have always wanted to make a quilt? This is the time! Linda has many patterns from which to choose for quilt blocks. You may have some "orphan" blocks from previous projects that you would like to include. This quilt or wall quilt (or even place mats or pillow) will be made of a variety of sizes and types of blocks. We can use patchwork, appliqué - machine, fused or hand - panels, perhaps embellishments, to create blocks. Materials needed will be discussed on the first class.

Instructor: Linda Hunter
8 sessions
Resident Fee..........................$86.00
Nonresident Fee........................$92.00
Gold Card Fee..........................$65.00
Lindbergh El. rm 114
Tu, 7:00-9:00PM
Course #19FCR36T
9/24/19, 10/1/19, 10/8/19, 10/15/19, 10/22/19, 10/29/19, 11/12/19, 11/19/19

8 sessions
Resident Fee..........................$86.00
Nonresident Fee........................$92.00
Gold Card Fee..........................$65.00
Kenmore Middle rm 219
W, 9:30-11:30AM
Course #19FCR36W
9/25/19, 10/2/19, 10/9/19, 10/16/19, 10/23/19, 10/30/19, 11/6/19, 11/13/19

Quilting - Oh My Stars Quilt
This quilt illustrates the versatility of a single, traditional quilt block. Each week we will create the same block using four fabrics. Each block will be placed in different positions, creating a completely different visual image. The blocks will be created with triangles, squares and “flying geese” units, using rotary cutting methods in class and machine piecing accomplished on your own sewing machine at home. On the first course meeting date we will discuss fabrics needed and design. Please hold off on purchasing your fabric.

Instructor: Linda Hunter
8 sessions
Resident Fee..........................$86.00
Nonresident Fee........................$92.00
Gold Card Fee..........................$65.00
Lindbergh El. rm 114
Tu, 7:00-9:00PM
Course #19FCR36T

8 sessions
Resident Fee..........................$86.00
Nonresident Fee........................$92.00
Gold Card Fee..........................$69.00
Kenmore Middle rm 219
W, 9:30-11:30AM
Course #20WCR36W
DANCE & MUSIC

Adult Social Dancing - Scottish Style!
Dances are being written all the time so we never run out of new dances to try. You don’t even need to bring a partner! You will make new friends or bring friends with you. We dance in small groups so you will have personal attention. Scottish country dancing is good for reducing stress, increasing energy levels, and improving coordination. Start with the basics and have fun on party nights, best of all, you don’t have to be Scottish! Students need to bring soft soled shoes, dance shoes, or sneakers to dance in. For more information go to rscdsbuffalo.com

Instructor: Sara Johnson
12 sessions
Fee…………….$72.00
Amherst Community Church
Th, 7:00-8:45PM
Course #19FDA25
9/19/19, 9/26/19, 10/3/19, 10/10/19, 10/17/19, 10/24/19, 10/31/19, 11/7/19, 11/14/19, 11/21/19, 12/5/19, 12/12/19

Line Dancing
This is a line dancing class with a twist. A variety of dances; classics, smooth, Latin, country, etc., will be offered to get your toes tapping. It’s a great opportunity to exercise and have fun. No previous experience or partner needed. Flat, non-textured soled shoes are preferred.

Instructors: Barbara & Richard Brzyski
8 sessions
Resident Fee…………….$60.00
Nonresident Fee……….$66.00
Gold Card Fee………….$48.00
Holmes Elementary gym
W, 7:00-8:00PM
Course #19FDA23
9/18/19, 9/25/19, 10/2/19, 10/9/19, 10/16/19, 10/23/19, 10/30/19, 11/6/19
8 sessions
Resident Fee…………….$60.00
Nonresident Fee……….$66.00
Gold Card Fee………….$48.00
Holmes Elementary gym
W, 7:00-8:00PM
Course #20WDA23
1/15/20, 1/22/20, 1/29/20, 2/5/20, 2/12/20, 2/19/20, 3/4/20, 3/11/20

Ballroom Dance - Basic
Get out there with the crowd on the dance floor ready to fox trot, rumba, waltz, etc. Dancing is great exercise, develops self-confidence and it’s also fun and relaxing! Flat, vinyl or leather-soled shoes are preferred. Fee is per couple, be sure to also register additional name for partner at no charge.

Instructors: Barbara & Richard Brzyski
8 sessions
Resident Fee…………….$91.00
Nonresident Fee……….$97.00
Gold Card Fee………….$73.00
Holmes Elementary gym
W, 8:15-9:15PM
Course #19FDA07
9/18/19, 9/25/19, 10/2/19, 10/9/19, 10/16/19, 10/23/19, 10/30/19, 11/6/19
W, 8:15-9:15PM
Course #20WDA07
1/15/20, 1/22/20, 1/29/20, 2/5/20, 2/12/20, 2/26/20, 3/4/20, 3/11/20

Ballroom Dance - Basic Plus
Do you know how to do the basics but need some work with lead and follow in the various dances? Learn a few more patterns in the American and Latin dances to look good on the dance floor. Flat, vinyl or leather-soled shoes are necessary. Fee is per couple, be sure to also register additional name for partner at no charge.

Instructors: Barbara & Richard Brzyski
8 sessions
Resident Fee…………….$91.00
Nonresident Fee……….$97.00
Gold Card Fee………….$73.00
Holmes Elementary gym
Tu, 7:00-8:00PM
Course #19FDA20
9/17/19, 9/24/19, 10/1/19, 10/8/19, 10/15/19, 10/22/19, 10/29/19, 11/12/19
Tu, 7:00-8:00PM
Course #20WDA20
1/14/20, 1/21/20, 1/28/20, 2/4/20, 2/11/20, 2/18/20, 2/25/20, 3/3/20, 3/10/20

Swing Dance - Beginners
Swing your way onto the dance floor! Learn the basics of East Coast Swing and have fun getting exercise for mind and body. Flat, vinyl or leather-soled shoes are preferred. Fee is per couple, be sure to register additional name of partner at no charge.

Instructors: Barbara & Richard Brzyski
8 sessions
Resident Fee…………….$91.00
Nonresident Fee……….$97.00
Gold Card Fee………….$73.00
Holmes Elementary gym
Tu, 8:15-9:15PM
Course #19FDA09
9/17/19, 9/24/19, 10/1/19, 10/8/19, 10/15/19, 10/22/19, 10/29/19, 11/12/19
Tu, 8:15-9:15PM
Course #20WDA09
1/14/20, 1/21/20, 1/28/20, 2/4/20, 2/11/20, 2/25/20, 3/3/20, 3/10/20

Big Band Rehearsal (Community Band)
Community band is ideal for those who used to play in high school/college and are ready to put your musical talent and passion to good use! Charts range from easy to difficult. Band members should have music reading ability and your own instrument, and recommended to have played at least 2-5 years. Dust off the instrument and come play some of those old familiar songs by Ellington, Glenn Miller, and more! The charts are written for saxophones (alto, tenor, bari), trombones, trumpets, piano, bass, and drums.

Instructor: Jennifer May
8 sessions
Resident Fee…………….$93.00
Nonresident Fee……….$99.00
Gold Card Fee………….$73.00
Kenmore East band room
W, 6:30-8:30PM
Course #19FDA03
10/2/19, 10/9/19, 10/16/19, 10/23/19, 10/30/19, 11/6/19, 11/13/19, 12/4/19
W, 6:30-8:30PM
Course #20WDA03
1/15/20, 1/22/20, 1/29/20, 2/5/20, 2/12/20, 2/26/20, 3/4/20, 3/11/20, 3/18/20
Basic Music Theory for Guitarists
W, 6:30-7:30PM
Kenmore Middle aud.
M, 7:15-8:00PM
Course #20WDA24
9/18/19, 9/25/19, 10/2/19, 10/9/19, 10/16/19, 10/23/19, 10/30/19, 11/6/19, 11/13/19, 11/20/19, 12/4/19, 12/11/19
9 sessions
Resident Fee.......................$105.00
Nonresident Fee...............$111.00
Gold Card Fee......................$84.00
Kenmore Middle aud.
W, 7:30-8:30PM
Course #19FDA28
9/18/19, 9/25/19, 10/2/19, 10/9/19, 10/16/19, 10/23/19, 10/30/19, 11/6/19, 11/13/19, 11/20/19, 12/4/19, 12/11/19
9 sessions
Resident Fee.......................$80.00
Nonresident Fee...............$86.00
Gold Card Fee......................$64.00
Kenmore Middle aud.
W, 7:30-8:30PM
Course #20WDA28
1/15/20, 1/22/20, 1/29/20, 2/5/20, 2/12/20, 2/19/20, 3/2/20, 3/9/20, 3/16/20
Guitar - Level II
Learn music theory, arranging, advanced chords, and strumming techniques. Students will also learn styles of playing, intro to Blues, R&B, Rock, and Country. A fee of $10.00 for two course books is due to the instructor the first night of class.
Instructor: Don Petrino
12 sessions
Resident Fee.......................$105.00
Nonresident Fee...............$111.00
Gold Card Fee......................$84.00
Kenmore Middle aud.
W, 7:30-8:30PM
Course #19FDA28
9/18/19, 9/25/19, 10/2/19, 10/9/19, 10/16/19, 10/23/19, 10/30/19, 11/6/19, 11/13/19, 11/20/19, 12/4/19, 12/11/19
9 sessions
Resident Fee.......................$80.00
Nonresident Fee...............$86.00
Gold Card Fee......................$64.00
Kenmore Middle aud.
W, 7:30-8:30PM
Course #19FDA34
9/18/19, 9/25/19, 10/2/19, 10/9/19, 10/16/19, 10/23/19, 10/30/19, 11/6/19, 11/13/19, 11/20/19, 12/4/19, 12/11/19
9 sessions
Resident Fee.......................$80.00
Nonresident Fee...............$86.00
Gold Card Fee......................$64.00
Kenmore Middle aud.
W, 8:30-9:30PM
Course #19FDA34
9/18/19, 9/25/19, 10/2/19, 10/9/19, 10/16/19, 10/23/19, 10/30/19, 11/6/19, 11/13/19, 11/20/19, 12/4/19, 12/11/19
Guitar for Beginners (Ages 8-17)
Does your child want to learn how to play the guitar? Here is the chance to get them started. Your child will learn to read music, play chords, songs, and musical scales. Rhythms, tempo, proper playing and hand technique will also be covered. Students must bring an acoustic or electric guitar, no classical guitars please. A fee of $20.00 for three course books is payable to the instructor the first class. Please note, instructor teaches right handed.
Instructor: Don Petrino
12 sessions
Resident Fee.......................$96.00
Nonresident Fee...............$102.00
Kenmore Middle aud.
W, 7:30-8:30PM
Course #19FKF41
9/16/19, 9/23/19, 9/30/19, 10/7/19, 10/14/19, 10/21/19, 10/28/19, 11/4/19, 11/11/19, 11/18/19, 11/25/19, 12/2/19, 12/9/19
8 sessions
Resident Fee.......................$70.00
Nonresident Fee...............$76.00
Kenmore Middle aud.
W, 6:15-7:15PM
Course #20WKF41
1/13/20, 1/20/20, 2/3/20, 2/10/20, 2/17/20, 2/24/20, 3/2/20, 3/9/20, 3/16/20
Ukulele - Playing Made Easy
These classes are designed for the beginner with no experience or for those who have ukulele experience but want to advance their skill level. You will learn basic music theory, basic scales, basic two finger picking, and how to play melodies while you play chords. If making music and sounding like a pro is your desire, these sessions are for you!
Instructor: John Radice
4 sessions
Resident Fee.......................$39.00
Nonresident Fee...............$45.00
Kenmore Middle rm 217
W, 7-8:30PM
Course #19FDA04
10/30/19, 11/6/19, 11/13/19, 11/20/19
4 sessions
Resident Fee.......................$39.00
Nonresident Fee...............$45.00
Kenmore Middle rm 217
W, 7-8:30PM
Course #20FDA04
*Ukulele class offerings continued on page 22.
Ukulele - Learn to Play from Scratch
If you are a new ukulele player or just want to brush up on your playing skills, these workshops are for you. You will learn basic chords, the basics to reading music and different strumming styles. At the end of the four sessions, you will know how to play several songs and how to sight read some of your favorite music. No previous experience required. All you need is a ukulele and the desire to make music.

Instructor: John Radice
4 sessions
Resident Fee……….….$39.00
Nonresident Fee……..…$45.00
Gold Card Fee…………..$31.00
Kenmore Middle rm 217
W, 7:00-8:30PM
Course #19FDA05
10/2/19, 10/9/19, 10/16/19, 10/23/19

Ukulele - One Night Workshop for Absolute Beginners
Are you an absolute beginner who would like to learn to play an instrument? You will learn chords, how to play your favorite songs, and most of all have fun. A limited number of ukuleles are available upon request by email to radice@johnradice.com.

Instructor: John Radice
1 session
Resident Fee………………$10.00
Nonresident Fee…………$16.00
Gold Card Fee…………….$8.00
Kenmore Middle rm 217
FALL SESSION
W, 7:00-8:30PM
Course #19FDA19
9/18/19
WINTER SESSION
W, 7:00-8:30PM
Course #20WDA19
1/15/20

5-Hour Pre-Licensing Safe Driving Class
Completion of this required course will qualify you for the MV-278 Certificate which you need in order to sign up for a road test. You must bring a valid Learner’s Permit to class. Preregistration reserves your spot, however walk-ins are welcome. A waiver signed by a parent must be filled out and brought to class. The fee for each of the five-hour courses listed below is $44.00. Class takes place in Kenmore West rm 153.

Instructor: Sheldon Forman
W, 3:45-8:45PM  Tu, 3:45-8:45PM  Tu, 3:45-8:45PM
Course #19FDB04S  Course #19FDB04  Course #19FDB04N
9/18/19  10/22/19  11/19/19

Helpful Hints for Home Repair
This course is designed for people who have always wanted to do their own repairs in their home or apartment but needed more guidance to do so. You will learn basic plumbing, electrical, and drywall, and will also have the opportunity to troubleshoot home repair issues with an experienced instructor.

Instructor: David Clark
6 sessions
Resident Fee……………$75.00
Nonresident Fee……….$81.00
Gold Card Fee…………$60.00
Kenmore Middle rm 220
Th, 6:30-8:30PM
Course #19FXT03
9/19/19, 9/26/19, 10/3/19,
10/10/19, 10/17/19, 10/24/19

Let’s Dig Up Our Ancestors!
Ever wonder about your heritage? What makes you, you? Let’s be a time traveler and identify the ones who came before us and see how they lived. Students should bring a laptop if desired, one can be provided if need be. Let’s take the journey!

Instructor: Susan D’Angelo
3 sessions
Resident Fee……………$36.00
Nonresident Fee……….$42.00
Gold Card Fee…………$29.00
Kenmore Middle rm 228
M, 6:00-8:00PM
Course #19FXT17D
12/2/19, 12/9/19, 12/16/19

EXTRAS

Haunted Sites of Ireland
This is a session that discusses places in Ireland which are said to be haunted. Over the years, Eileen has collected stories and pictures of old historical sites as well as newer locations from her visits to Ireland. She also includes tales and legends that have yielded interesting stories and discuss information on the older traditions of Samhain (Irish Halloween). Several photographs and eerie sound recordings will be presented. If headstones could talk, they would have much to say regarding family rivalries, jealousies and those looking for lost loves.

Instructor: Eileen Canning DiPasquale
1 session
Fee…………..$25.00
Kenmore Middle rm 217
F, 7:00-8:30PM
Course #19FXT08
10/18/19

Services for Seniors in Erie County
Locating programs and services for seniors can be a challenge. Learn what is available to seniors in our community, from volunteer opportunities to tax rebates, to housing options, and services in the home. Staff from People, Inc. Senior Outreach will guide you through the maze of options.

Instructor: Kaamalal Robinson
1 session
Resident Fee……………$20.00
Nonresident Fee……….$26.00
Gold Card Fee…………$16.00
Kenmore Middle rm 217
Th, 6:00-9:00PM
Course #19FXT02
10/10/19
Financial Class for Seniors over age 70
Retirees ages 70-1/2 or older: The new tax laws have created new planning opportunities for you to increase your income, help your congregation, charities, and lower your taxes. The new law provides married couples a $26,600 standard tax deduction. This prevents most people from itemizing deductions. Learn how the law allows you to use your IRA- RMD’s to make charitable donations and not have them included in your income and how to prudently reposition some of your nest egg (safe money) assets.

Instructor: Sanford Seide
1 session
Resident Fee..............$14.00
Nonresident Fee...........$20.00
Gold Card Fee..............$11.00
Kenmore Middle rm 220
M, 6:30-8:30PM
Course #19FMF34
10/28/19

Resident Fee..............$14.00
Nonresident Fee...........$20.00
Gold Card Fee..............$11.00
Kenmore Middle rm 220
M, 6:30-8:30PM
Course #20WMF34
3/16/20

Social Security for Women
This workshop is designed for women to better understand what they need to know to maximize retirement income. Some questions we will answer include: how can I maximize my Social Security benefit; are there survivor benefits if my husband or ex-husband dies; are there divorced spouse benefits; how do I coordinate benefits with my spouse; how will remarrying affect my benefit?

Instructors:
Genna Imbrenda & Brett Komm
1 session
Resident Fee..............$8.00
Nonresident Fee...........$14.00
Gold Card Fee..............$6.00
Kenmore Middle rm 225
Tu, 6:00-7:00PM
Course #19FMF24
10/1/19

Health Insurance-Medicare, Supplemental Plans and Long Term Care
Medicare, supplemental plans and long term care insurance options will be discussed by Erie County Department of Senior Services Health Insurance Information Counseling and Assistance Program (HIICAP). Handouts provided help you select the best affordable coverage. Changes in Medicare, the Affordable Care Act, Medicare fraud and abuse and health insurance options for the under-insured and uninsured will also be discussed.

Instructor: Bill Daniels
1 session
Resident Fee..............$8.00
Nonresident Fee...........$14.00
Gold Card Fee..............$6.00
Kenmore Middle rm 228
W, 7:30-8:30PM
Course #19FMF02
10/16/19

Social Security - What Everyone Needs to Know
When should I take my Social Security benefits? We’ll discuss when to begin receiving Social Security benefits, whether to continue to work, how benefits are determined, minimizing the tax on benefits and strategies to optimize your Social Security benefits. Please bring your Social Security statement (optional).

Instructor: Bryan Castro
1 session
Resident Fee...............$10.00
Nonresident Fee...........$16.00
Gold Card Fee...............$8.00
Kenmore Middle rm 217
Th, 6:30-8PM
Course #19FMF42
9/19/19

1 session
Resident Fee...............$10.00
Nonresident Fee...........$16.00
Gold Card Fee...............$8.00
Kenmore Middle rm 217
Th, 6:30-8PM
Course #20WMF42
3/19/20

Savvy Social Security for Baby Boomers
In this workshop you will learn: Five factors to consider when deciding when to apply for benefits, why you should always check your earnings records, how to coordinate benefits with your spouse, how to minimize taxes on Social Security benefits, and how to coordinate Social Security with your other sources of retirement income.

Instructors:
Genna Imbrenda & Brett Komm
1 session
Resident Fee...............$8.00
Nonresident Fee...........$14.00
Gold Card Fee..............$6.00
Kenmore Middle rm 225
Tu, 6:00-7:00PM
Course #19FMF22
10/15/19
Badminton for Men & Women (Beginning/Intermediate)
Beginners will find this sport to be a demanding aerobic workout requiring good hand/eye coordination. This is not your backyard badminton! Please bring an indoor racket (may be purchased online for approximately $35). The shuttlecocks are available from the instructor.

Instructor: Norman Gamble
12 sessions
Resident Fee……………$88.00
Nonresident Fee…….…$94.00
Gold Card Fee………….$70.00
Lindbergh Elementary gym
Tu, 7:00-9:30PM
Course #19FSP12
9/17/19, 9/24/19, 10/1/19, 10/8/19, 10/15/19, 10/22/19, 10/29/19,
11/12/19, 11/19/19, 12/3/19, 12/10/19, 12/17/19

9 sessions
Resident Fee……………$66.00
Nonresident Fee…….…$72.00
Gold Card Fee………….$53.00
Lindbergh Elementary gym
Tu, 7:00-9:30PM
Course #20WSP12

Understanding Alzheimer’s and Dementia
We will cover an overview of Alzheimer’s disease pathology, risk factors, stages, treatment, symptoms, research, and support services. Program includes videos from experts and people affected by dementia.

Instructor: Alzheimer’s Association Rep.
Fee........................................$5.00
Kenmore Middle rm 220
Tu, 5:30-7:00PM
Course #19FXT04
9/24/19

Badminton for Men & Women (Advanced)
This course is for intermediate and advanced players. The games tend to be faster and more intense than the beginner/intermediate level course and provide greater opportunity for building skill and stamina.

Instructor: Michael Christner
10 sessions
Resident Fee……………$73.00
Nonresident Fee…….…$79.00
Gold Card Fee………….$58.00
Lindbergh Elementary gym
Th, 7:00-9:30PM
Course #19FSP30
9/12/19, 9/19/19, 10/3/19, 10/10/19, 10/17/19, 10/24/19, 10/31/19,
11/7/19, 11/14/19, 11/21/19, 12/5/19, 12/12/19, 12/19/19

9 sessions
Resident Fee……………$66.00
Nonresident Fee…….…$72.00
Gold Card Fee………….$53.00
Lindbergh Elementary gym
Th, 7:00-9:30PM
Course #20WSP30
1/23/20, 1/30/20, 2/6/20, 2/13/20, 2/20/20, 3/5/20, 3/12/20, 3/19/20, 3/26/20

Ken-Ton Hallwalker Club: Fall Edition
No more weather excuses! Come walk our second floor on Monday, Wednesday, and/or Friday at your leisure. 37 sessions
Fee.................................$14.00
Kenmore Middle - 2nd Floor
MWF, 6:30-8:30PM
Course #19FSP07
9/16/19 - 11/6/19

Ken-Ton Hallwalker Club: Winter Edition
28 sessions
Fee.................................$11.00
Kenmore Middle - 2nd Floor
MWF, 6:30-8:30PM
Course #20WSP07
1/13/20 - 3/9/20

Ken-Ton Hallwalker Club:
Fall Edition
No more weather excuses! Come walk our second floor on Monday, Wednesday, and/or Friday at your leisure. 37 sessions
Fee.................................$14.00
Kenmore Middle - 2nd Floor
MWF, 6:30-8:30PM
Course #19FSP07
9/16/19 - 11/6/19

Ken-Ton Hallwalker Club:
Winter Edition
28 sessions
Fee.................................$11.00
Kenmore Middle - 2nd Floor
MWF, 6:30-8:30PM
Course #20WSP07
1/13/20 - 3/9/20

Badminton for Men & Women (Advanced - 7 Flexible Sessions)
Instructor: Michael Christner
10 sessions
Resident Fee……………$53.00
Nonresident Fee…….…$59.00
Gold Card Fee………….$42.00
Lindbergh Elementary gym
Th, 7:00-9:30PM
Course #19FSP30F
9/12/19, 9/19/19, 10/3/19, 10/10/19,
10/17/19, 10/24/19, 10/31/19, 11/7/19,
12/5/19, 12/12/19, 12/19/19

Badminton for Men & Women (Advanced - 6 Flexible Sessions)
Instructor: Michael Christner
9 sessions
Resident Fee……………$45.00
Nonresident Fee…….…$51.00
Gold Card Fee………….$36.00
Lindbergh Elementary gym
Th, 7:00-9:30PM
Course #20WSP30F
1/23/20, 1/30/20, 2/6/20, 2/13/20, 2/20/20, 3/5/20, 3/12/20, 3/19/20, 3/26/20
## Circuit Weight Training for Women

This course is for the beginner to advanced weight trainer who wants a complete workout. Training is done by moving from station to station in timed segments so all your muscles get equal time! Aerobic activity is intermixed to increase your heart rate as you build strength and tone muscles.

Instructor: Karen Borgenicht  
Kenmore Middle weight rm  

11 sessions  
Resident Fee............................................$63.00  
Nonresident Fee.....................................$69.00  
Gold Card Fee.........................................$50.00  
M, 6:30-7:30PM  
Course #19FSP28M  
9/16/19, 9/23/19, 9/30/19, 10/7/19, 10/14/19, 10/21/19, 10/28/19, 11/4/19, 11/11/19, 11/18/19, 11/25/19, 12/2/19, 12/9/19  

11 sessions  
Resident Fee............................................$63.00  
Nonresident Fee.....................................$69.00  
Gold Card Fee.........................................$50.00  
Sa, 9:00-10:00AM  
Course #19FSP28S  
9/21/19, 9/28/19, 10/5/19, 10/12/19, 10/19/19, 10/26/19, 11/2/19, 11/9/19, 11/16/19, 11/23/19, 12/7/19, 12/14/19  

8 sessions  
Resident Fee............................................$46.00  
Nonresident Fee.....................................$52.00  
Gold Card Fee.........................................$37.00  
M, 6:30-7:30PM  
Course #20WSP28M  
1/13/20, 1/16/20, 1/20/20, 2/2/20, 2/22/20, 2/29/20, 3/5/20, 3/12/20, 3/19/20  

9 sessions  
Resident Fee............................................$53.00  
Nonresident Fee.....................................$59.00  
Gold Card Fee.........................................$42.00  
Th, 6:30-7:30PM  
Course #20WSP28TH  
1/16/20, 1/19/20, 2/2/20, 2/6/20, 2/13/20, 2/27/20, 3/5/20, 3/12/20, 3/19/20  

9 sessions  
Resident Fee............................................$53.00  
Nonresident Fee.....................................$59.00  
Gold Card Fee.........................................$42.00  
Sa, 9:00-10:00AM  
Course #20WSP28S  
1/18/20, 1/25/20, 2/1/20, 2/8/20, 2/15/20, 2/29/20, 3/6/20, 3/13/20, 3/20/20  

### Tai Chi

Instruction in the elements of Tai Chi and the performance of the 24 Form (Standardized Peking). You will learn the breathing, balance and motions of this oldest form of contemplative exercise. Experience the physical, mental and health benefits of the most popular form of exercise in the world. Directions to the Hoover Middle Small Gym: Enter at door #20 located in the Sheridan Drive parking lot. Turn right and continue down hallway until the first intersection. The Girls' Locker Room entrance is almost directly across the intersection. The Boys' Locker Room is to the right past the Large Gym. Walk all the way through the locker room. The small gym doors are located right as you exit the lower locker rooms.

Instructors: Robert Wirth & Jeff Manz  
11 sessions  
Fee......................................................$89.00  
Hoover Middle small gym  
Th, 6:30-7:30PM  
Course #19FSP11  
9/19/19, 9/26/19, 10/3/19, 10/10/19, 10/17/19, 10/24/19, 10/31/19, 11/7/19, 11/14/19, 11/21/19, 12/5/19, 12/12/19  

12 sessions  
Resident Fee............................................$83.00  
Nonresident Fee.....................................$89.00  
Gold Card Fee.........................................$66.00  
Hoover Middle large gym  
Th, 7:00-9:30PM  
Course #19FSP11  
1/16/20, 1/23/20, 1/30/20, 2/6/20, 2/13/20, 2/27/20, 3/5/20, 3/12/20, 3/19/20, 3/26/20, 4/2/20, 4/9/20  

### Basketball for Men

Sign up for some fun and exercise on the basketball court. Teams are organized at each session so everyone has an opportunity to play. Please bring both white & dark colored shirts for team distinction.

Instructor: Gary Kelley  
12 sessions  
Resident Fee............................................$83.00  
Nonresident Fee.....................................$89.00  
Gold Card Fee.........................................$66.00  
Hoover Middle large gym  
Th, 7:00-9:30PM  
Course #19FSP11  
1/16/20, 1/23/20, 1/30/20, 2/6/20, 2/13/20, 2/27/20, 3/5/20, 3/12/20, 3/19/20, 3/26/20, 4/2/20, 4/9/20  

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**Directions to Hoover Middle small gym:**  
Enter at door #20 located in the Sheridan Drive parking lot. Turn right and continue down hallway until the first intersection. The girls locker room entrance is almost directly across the intersection, the boys locker room is to the right past the large gym. Walk all the way through the locker room. The small gym doors are located right as you exit the lower locker rooms.

---

**We love early registrants!**

Please remember, if a course does not meet the necessary minimum enrollment three (3) business days before the start date, we may have to cancel the course. If you are interested in a course, sign up early to reserve your spot!
**HEALTH, FITNESS, & WELLNESS**

**Water Exercise**
These exercises will tone and firm your muscles, increase your flexibility and range of motion and stimulate your circulation. The resistance of the water produces effects similar to using weights in land exercises, while its buoyancy makes movements possible where one might otherwise be restricted. Non-swimmers are welcome as the exercises are done in the shallow end or holding on to the edge of the pool. Program includes 60 minutes of creative routines choreographed to music followed by a 30-minute open swim. **Classes take place at Hoover Middle pool.**

Instructor: Linda Litwin

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<th>Sessions</th>
<th>Resident Fee</th>
<th>Nonresident Fee</th>
<th>Gold Card Fee</th>
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W, 7:15-8:15PM

**Course #19FSP34**
9/25/19, 10/2/19, 10/9/19, 10/6/19, 10/23/19, 12/4/19, 12/11/19

**Course #20WSP34**

**Zumba - New Instructor!**
Zumba targets many muscle groups at once for total body toning while boosting your heart health and helping you de-stress. You not only get aerobic benefits, you also get anaerobic benefits, the kind that help you maintain a good cardiovascular respiratory system.

Instructor: SowFit Buffalo Staff

**Fee**..................$75.00
Hoover Middle small gym

M, 7:00-7:45PM

**Course #19FSP65**
9/23/19, 9/30/19, 10/7/19, 10/21/19, 10/28/19, 11/4/19, 11/18/19, 11/25/19, 12/2/19, 12/9/19

M, 7:00-7:45PM

**Course #20WSP65**

**POUND® Rockout Workout (Ages 18+)**
POUND® Rockout Workout is the world’s first cardio jam session inspired by the infectious, energizing, and sweat-dripping fun of playing the drums. Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and Pilates-inspired movements. The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities.

Instructor: SowFit Buffalo Staff

**Fee**..................$62.00
Hoover Elementary gym

W, 6:30-7:30PM

**Course #19FSP14**
9/25/19, 10/2/19, 10/9/19, 10/16/19, 10/23/19, 11/6/19, 11/13/19, 12/4/19, 12/11/19

10 sessions

**Fee**..................$69.00
Hoover Middle large gym

W, 6:30-7:30PM

**Course #20WSP14**

**Gentle Joints Water Workout**
A low-impact, low-intensity class focusing on flexibility and increased range of motion. Great for beginners or those with injuries or arthritis. This course is perfect for anyone looking for gentle but effective exercises. Course includes stretching, range of motion, core strengthening and aerobics; low to moderate intensity. **Classes take place at Hoover Middle pool.**

Instructor: Linda Litwin

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<th>Nonresident Fee</th>
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W, 7:15-8:15PM

**Course #19FSP9T**
9/24/19, 10/1/19, 10/15/19, 10/22/19, 10/29/19, 11/12/19, 11/19/19, 11/26/19, 12/3/19, 12/10/19

W, 7:15-8:15PM

**Course #20WSP9T**

**SilverSneakers Boom Combo**
BOOM MOVE is a high intensity dance workout that improves cardio endurance and burns calories. Move is all about breaking a sweat and having fun. The class focuses on cardio endurance by starting with simple dance moves then building into more complex sequences. BOOM MIND takes the best from yoga and Pilates and combines them into one fusion class. Designed to relax the body and mind with peaceful music and invigorating movements. The focus of this class is on core muscles, lower body strength and balance. BOOM MUSCLE incorporates athletic-based exercises that improve upper body conditioning. You’ll move through several “blocks,” which are groups of exercises that focus on different muscle groups. **SilverSneakers** please provide your Member number upon registration.

Instructor: SowFit Buffalo Staff

**Fee**..................$128.00
Kenmore Middle rm 221

Tu, 10:30-11:30AM

**Course #19FSP25**
9/17/19, 9/24/19, 9/26/19, 10/1/19, 10/3/19, 10/8/19, 10/10/19, 10/15/19, 10/17/19, 10/22/19, 10/24/19, 10/29/19, 10/31/19, 11/7/19, 11/12/19, 11/14/19, 11/19/19, 11/21/19, 11/26/19, 12/3/19

18 sessions

**Fee**..................$105.00
Kenmore Middle gym

Tu, 10:30-11:30AM

**Course #20WSP25**

**POUND® Rockout Workout (Ages 18+)**
POUND® Rockout Workout is the world’s first cardio jam session inspired by the infectious, energizing, and sweat-dripping fun of playing the drums. Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and Pilates-inspired movements. The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities.

Instructor: SowFit Buffalo Staff

**Fee**..................$62.00
Hoover Elementary gym

W, 6:30-7:30PM

**Course #19FSP14**
9/25/19, 10/2/19, 10/9/19, 10/16/19, 10/23/19, 11/6/19, 11/13/19, 12/4/19, 12/11/19

10 sessions

**Fee**..................$69.00
Hoover Middle large gym

W, 6:30-7:30PM

**Course #20WSP14**
Restorative Yoga
Enjoy a traditional form of Yoga that incorporates the full body with posturing exercises that stretch muscles and improves balance along with basic breathing techniques that help bring peace and harmony to the mind and body. This course is best suited for mature adults. Please bring a mat. Classes are held at Kenmore Middle rm 221.

Instructor: Mary Ann Gullo
11 sessions
Resident Fee.........................$95.00
Nonresident Fee.......................$101.00
Gold Card Fee........................$76.00
M, 8:45-10:15AM
Course #19FSP17MA
9/16/19, 9/23/19, 9/30/19, 10/7/19, 10/21/19, 10/28/19, 11/4/19, 11/18/19, 11/25/19, 12/2/19, 12/9/19

8 sessions
Resident Fee.........................$69.00
Nonresident Fee.......................$75.00
Gold Card Fee........................$55.00
M, 8:45-10:15AM
Course #20WSP17MA
1/13/20, 1/27/20, 2/3/20, 2/10/20, 2/24/20, 3/2/20, 3/9/20, 3/16/20

Laughter Yoga
Laugh your way to a healthier you! Laughter Yoga is a combination of laughter, meditation, and breathing exercises. All that is needed is comfortable clothing and your smile. The class can be done sitting or standing and can be modified to suit your abilities. Come experience the many benefits of Laughter Yoga! Classes are held at Franklin Middle gym.

Instructor: Jennifer May
10 sessions
Resident Fee..........................$59.00
Nonresident Fee.......................$65.00
Gold Card Fee.........................$47.00
M, 7:00-8:00PM
Course #19FSP06
9/16/19, 9/23/19, 9/30/19, 10/7/19, 10/21/19, 10/28/19, 11/4/19, 11/18/19, 11/25/19, 12/2/19

Hatha Yoga
Gain balance and flexibility while working on muscle conditioning and deeper breathing. Come as you are, whether you are an experienced yogi or newer to the practice to enjoy the relaxing, strengthening, positive effects of Hatha yoga. Please bring a yoga mat to class.

Instructor: SowFit Buffalo Staff
10 sessions
Resident Fee..........................$59.00
Nonresident Fee.......................$65.00
Gold Card Fee.........................$47.00
Kenmore Middle rm 221

Yoga increases body awareness, relieves stress, reduces muscle tension, strain, and inflammation, sharpens attention and concentration, and calms and centers the nervous system. Yoga’s positive benefits on mental health have made it an important practice tool of psychotherapy!
INDEX

A
Adult Social Dancing - Scottish Style!..................7
American Sign Language for Adults - Level 1........9
American Sign Language for Adults - Level 2........9
American Sign Language for Kids........................23
Ancient Meaning in the Modern Wedding.............16
Badminton for Men & Women..............................24
  (Advanced - 7 Flexible Sessions).......................24
Badminton for Men & Women..............................24
  (Advanced-6 Flexible Sessions).........................24
Badminton for Men & Women (Advanced).................24
Badminton for Men & Women (Beginning/Intermediate)........................................................................24
Ballroom Dance - Basic........................................20
Ballroom Dance - Basic Plus................................20
Basketball for Men...............................................25
Beginning French for the Traveler........................18
Big Band Rehearsal (Community Band)....................20
C
Camera Basics: Manipulations 101......................18
Catholic Charities Workforce Development...............8
Circuit Weight Training for Women.......................25
Co-Ed Self Defense..............................................17
D
Discover The History Behind Your Favorite............16
Holiday Songs....................................................16
Distance Learning for Adults..............................7
E
Engineering for Kids:
  Apprentice: Minecraft: Traveling into the Future (Gr. 3-4)......................................................10
  Apprentice Fairytale & Superhero
    (Gr. 3-4)........................................................11
  Jr. Fairytale & Superhero (Grades K-2)..............11
  Jr. LEGO WeDo Robotics:
    Amazing Mechanisms (Grades K-2)..................10
  English as a Second Language for Adults.............8
F
Fast Track programming ......................................7
Financial Class for Seniors over age 70.................23
G
Generation POUND®-Rockout Workout
  Afterschool (Ages 9-12)....................................14
  Gentle Joints Water Workout............................26
  Guitar - Level II.............................................21
  Guitar Class - Level III..................................11
  Advanced Jazz and Blues................................11
  Guitar for Beginners......................................11
  Guitar for Beginners (Ages 8-17).......................11
  Hatha Yoga.....................................................27
  Haunted Sites of Ireland..................................22
  Health Insurance-Medicare, Supplemental Plans and Long Term Care........................................23
  Heart Saver CPR & AED.....................................16
  HelpfulHints for Home Repair............................22
  High School Equivalency................................7
  How To Start Your Own Business........................17
  Karate (Ages 14 – Adult)..................................15
  Karate for Kids I & II (Ages 10-13)....................15
  Karate for Kids I (Ages 6-9)..............................15
  Karate for Kids II (Ages 6-9)............................15
  Ken-Ton Hallwalker Club-Fall Edition..................24
  Ken-Ton Hallwalker Club-Winter Edition..............24
  KidsPlay..........................................................26
  Blue and Gold Floor Hockey League
    (Ages 6-9)....................................................12
  Indoor Football Skills (Ages 8-10).....................12
  Indoor Football Skills Ages (10-13)....................12
  Kenmore Soccer Club Soccer Academy
    Training & Blue Division (Ages 6-8)...................13
  Kenmore Soccer Club Soccer Academy
    Training & Red Division (Ages 9-12)..................13
  Monday Night NFL Flag.....................................13
  Football (Ages 6-9).........................................12
  PC Soccer (Ages 3-4)........................................1
  Sabretooth Floor Hockey (Ages 4-6)....................12
  Soccer Level I (Ages 4-6)................................13
  Laughter Yoga................................................27
  Learn to Paint................................................18
  Let’s Dig Up Our Ancestors!.............................22
  Line Dancing..................................................20
  Notary Public Preparation Course......................18
  Painting - Your Choice.................................19
  POUND® Rockout Workout (Ages 18+)..................26
  Quilting - Oh My Stars Quilt...........................19
  Quilting - Seasonal or Holiday Quilt..................19
  Registration Forms........................................30,31
  Restorative Yoga...........................................27
  Retire Confidently, Income-Now Strategy.............16
  Savvy Social Security for Baby Boomers..............23
  Services for Seniors in Erie County..................22
  SilverSneakers Boom Combo..............................26
  Social Security - What Everyone Needs to Know......23
  Social Security for Women................................23
  Spanish for the Elementary Years
    (Grades K-4).................................................14
  Stained Glass Crafting.....................................19
  SUNY Erie Pathways to Success.............................8
  Swing Dance – Beginners.................................20
  Tai Chi..........................................................25
  Teachers & State Employees Retirement
    System of NY & 403b Retirement Program...........23
  Ukulele - Learn to Play from Scratch..................22
  Ukulele - One Night Workshop for
    Absolute Beginners.......................................22
  Ukulele - Playing Made Easy............................21
  Understanding Alzheimer’s and Dementia..............24
  Understanding Your Smart Phone, iPhones,
    Androids, Windows......................................18
  Warning Signs of Alzheimer’s............................24
  Water Exercise.................................................26
  Windows 10 Computers - Basics & Beyond............18
  Women’s Self Defense......................................17
  Working in Pastels.........................................18
  5-Hour Pre-Licensing Safe Driving.....................22

Ken-Ton Community Education thanks you for your continued support of our programming!
Do you have a suggestion or idea for the Community Education Department? A course you would like to see offered or perhaps a course you would like to teach? If you have suggestions or ideas, we want to hear from you!

The deadline to apply to teach a Spring/Summer 2020 course offerings is November 25, 2019. You can find our teacher application and course proposal form here: https://www.ktufsd.org/Page/17963

Please contact Liza Acanfora, Director, at: lakanfora@ktufsd.org (716) 874-8400 ext. 32232
Kenmore-Town of Tonawanda Union Free School District
Community Education Program Waiver and Release

I hereby state that the student listed above does not have any ailments or physical condition that could prevent me/him/her from participating in a physical activity or class. I realize that there is a risk of injury inherent in physical education activities. I hereby agree to accept and assume all risks inherent in the above specified Community Education Instructional Activity, and I understand that I undertake this activity at my own risk. I voluntarily assume full responsibility for any risk of loss, property damage or personal injury sustained in this Activity. I further agree to hold harmless and indemnify the Kenmore-Town of Tonawanda Union Free School District (the “District”) from any and all claims, demands, actions and costs which might arise out of my participation in the above specified Community Education Activity.

In consideration for allowing the student listed to participate in the District’s Community Education Activity, as indicated above, to the maximum extent permitted by law, I (the undersigned) hereby release the District, its Board of Education (in their official and individual capacities), employees and volunteers, from any and all liability, claims, costs, expenses, attorney fees, demands, actions and causes of action whatsoever arising out of or related to any loss, damage or injury (including death) that may be sustained while participating in such Activity or while in or on the premises of where the Activity is being conducted. I (the undersigned) further agree that the District shall not be liable to me for any damage, loss, or injury to my person or property, caused by or resulting from any cause whatsoever, including but not limited to, the negligence of the District, its agents and/or employees.

Print Name: ___________________________ Date: ___________________________
Signature ______________________________________________________________________ (parent/guardian if participant is under 18 years of age)
Address _____________________________________________________________________________
Phone Number ____________________________
I hereby state that the student listed above does not have any ailments or physical condition that could prevent me/him/her from participating in a physical activity or class. I realize that there is a risk of injury inherent in physical education activities. I hereby agree to accept and assume all risks inherent in the above specified Community Education Instructional Activity, and I understand that I undertake this activity at my own risk. I voluntarily assume full responsibility for any risk of loss, property damage or personal injury sustained in this Activity. I further agree to hold harmless and indemnify the Kenmore-Town of Tonawanda Union Free School District (the “District”) from any and all claims, demands, actions and costs which might arise out of my participation in the above specified Community Education Activity.

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Print Name: ___________________ Date: ________________
Signature ____________________ (parent/guardian if participant is under 18 years of age)
Address __________________________________________________________________________
Phone Number ____________________________________________________________________

FOR ADDITIONAL REGISTRATION FORMS PLEASE VISIT WWW.KTUFSD.ORG - DEPARTMENTS - COMMUNITY EDUCATION - FORMS/RESOURCES
Kenmore-Town of Tonawanda UFSD
Community Education

155 Delaware Road
Buffalo, New York 14217
(716) 874-8500

Register online @ www.ktufsd.org/ce_register

Registration opens Monday, August 19 at noon!