

Hoover Middle School Physical Education

At HMS, we expect our students to be prepared, display a positive attitude, demonstrate safe, respectful behavior, participate fully, and put forth their best effort every class.

Our curriculum is based on the Ken-Ton District's Physical Education Plan, which we adapt based on our facilities and student needs. Classes are mixed gender unless specified otherwise.

What does my student need for PE class?

1. Students are **highly encouraged** to change into athletic clothing for PE class. Changing into separate PE clothes promotes good hygiene habits. However, students may wear the same clothes they wore to school **IF** appropriate for physical activity (see below). We strive to have our students moving as much as possible during class time, so comfortable, loose fitting athletic apparel is recommended. The District's Dress Code will be enforced due to the nature of our class.
 - a. Appropriate clothing includes:
 - i. Top: Short-sleeve T-shirt
 - ii. Bottom: Athletic shorts, sweat pants, leggings
 - b. The following types of clothes are **not appropriate** for PE class: jeans, khakis, skirts/dresses, crop tops [wearing any of these types of clothing will result in losing daily points or, at the teachers' discretion, not being able to participate]
2. Students **MUST** wear sneakers in order to participate.
 - a. The following items are not allowed for PE class: flip flops, slides, slippers, crocs, boots.
 - b. No sneakers, No participation = **0 for the day**
3. Bathing suit & towel - Our swim unit will begin late November. More info will be provided before the unit begins.
4. Combination lock - Master locks are recommended; students will have their own locker in the locker room for the year
 - a. Personal items should be locked up; teachers are not responsible for missing/stolen items

What if my student misses class?

1. Excused for the day: Students unable to participate for the day due to illness or minor injury should turn in a note to their PE teacher, written from their parent/guardian. Parents may also email the teacher before the student's class.
2. Medical: If a student needs to be excused from more than 3 classes, a formal doctor's note must be turned in to the school nurse.
 - a. If modifications to the activity can be made to allow some participation, it should be specified in the doctor's note.
 - b. If 'no activity' is allowed, the student will complete an assignment that will count towards their daily grade.
 - c. The doctor's note should specify a return date; if out until further notice, a new doctor's note needs to be turned in once able to return to activity.
3. Students will be allowed **4** excused absences each Marking Period without penalty. If a student misses more than this, a zero will be entered until the class is made up. Students are responsible for arranging a makeup day with their teacher.
 - a. Excused absences from PE class: absent from school, counselor or nurse's office during class, music lesson, excused for the day with a parent note
 - b. Field trips that occur during PE class do not count towards the 'free' absences and do not need to be made up.

How is my student graded?

1. The District has established the following Grading Policy at the Middle School Level. Gradebooks will be set up at the start of the year to reflect the following weighted categories:
 - a. Classwork: 50% (Daily PE Grade)
 - b. Assessments: 50% (Examples include: Assignments, Exit Tickets, Unit Quizzes)

Grading Scale <i>Aligned with New York State Reporting</i>		Honor and Merit Roll
Mastery	85-100	Honor Roll 90-100 Merit Roll 85-89.9 (No rounding)
Proficiency	75-84	Certificates are given at school Q1-3. Q4 Post Card Certificates will be mailed.
Developing	65-74	
Not Yet Meeting Standard	64 or Below	

2. Students will be graded in Physical Education class on a daily basis. They are graded on a **5 point scale**, which will be recorded in Infinite Campus.

Performance Area	Credit Criteria	No Credit Criteria
Personal Responsibility 1 point	The student is fully prepared for class with athletic clothing and sneakers.	The student is not prepared for class with athletic clothing.
Behavior 1 point	The student uses appropriate language, respects property and upholds safety of self and others; uses equipment as instructed/demonstrated.	The student fails to use appropriate language, respect property and uphold safety of self and others; does not use equipment as instructed/demonstrated.
Attitude 1 point	The student demonstrates patience and cooperation with classmates, respects the teacher, and accepts winning/losing graciously.	The student fails to be patient and cooperate with classmates; does not respect calls of teacher or referee; does not accept winning/losing graciously
Effort (Level of Intensity) 1 point	The student demonstrates a moderate to vigorous level of intensity when participating in PE class.	The student demonstrates a minimal level of intensity when participating in PE class.
Participation (On-task Behavior) 1 point	The student participates on task for 100% of the class period without being prompted by teacher/peers.	The student is not on task and needs teacher/peer prompts to maintain on-task behavior.

Intensity - is defined by the level of effort applied to the skill, drill, activity, or game play. Maximum intensity is evident when a student is fully engaged in every aspect of the activity and performing to the best of their ability.

On-task Behavior - is defined as a student performing the skill, drill, activity, or game play as instructed by the teacher. An on-task student also listens attentively to the directions and feedback provided by the teacher and peers during class.

**** A student who does NOT have sneakers for class will not be allowed to participate and will receive a 0/5 for their Daily Grade.**

Sports: Sport information will be shared through the HMS announcements, PE class, Canvas, and our Herbert Hoover Middle School Facebook page.

- Intramurals/clubs - open to all grade levels and there are no try-outs or cuts. Most activities will meet twice a week from 3:00-4:00. Students will need a returned permission slip and a ride home.
- Modified - 7th and 8th grade students only. A sports physical is needed and there are try-outs. Must create an account and register in Final Forms.
- JV/Varsity - 7th and 8th grade students can take the APP Fitness test to see if they meet the minimum required physical fitness strength and flexibility to play at the high school level with older athletes. This test is given a few weeks before the sport begins. Please see the Ken-Ton Athletic Department's website for more information. Must create an account and register in Final Forms.

Modified Sport Offerings

Fall Sports	Winter Sports	Spring Sports
Co-Ed Cross Country	Boys Basketball	Boys Baseball
Football	Girls Basketball	Girls Softball
Boys Soccer	Co-Ed Swimming	
Girls Soccer	Wrestling	
Boys Volleyball		
Girls Volleyball		

We look forward to a fabulous year. If you have any questions or concerns please reach out to your child's teacher.

Mrs. Blaszak- Kblaszak@ktufsd.org
 Mr. DeCarolis- Jdecarolis@ktufsd.org
 Ms. Siegel- LSiegel@ktufsd.org
 Mr. Chase - Mchase@ktufsd.org

Adapted PE Teachers:
 Mrs. Ark- Sark@ktufsd.org
 Mr. Bennett- Jbennett@ktufsd.org
 Mrs. Bennett- Kbennett@ktufsd.org

Locker Room Aides:

Mr. Burhans- Boys locker room
 Mrs. Dawson- Girls locker room

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 Middle School