

HEALTH OFFICE INFORMATION

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ACCIDENTS, ILLNESS AND INSURANCE

The school's Health Office is open daily from 7:30-3:00. Students who are ill or sustain an injury during school should report to the Health Office. The student's parent/guardian will be contacted and arrangements will be made for the parent to take the student home. In addition, all athletic coaches must have both a state coaching certificate and Red Cross First Aid and CPR training for the protection and safety of students

Please report all accidents occurring at school to the Health Office as soon as they occur. The District does carry health insurance for students who are participating in school-sponsored activities or events. This is "in-excess" coverage, however, and covers expenses not covered by the parent/guardian's primary insurance carrier. **Cases are determined on an individual basis by the central office.** Please contact the school Health Office for additional information or the District Clerk at 874-8400.

MEDICATION

New York State Education Law prohibits school personnel from administering medication to students. We understand that there will be cases when it is necessary to take medication during school hours. At these times, the school nurse can cooperate with the family and the doctor. A physician's order **MUST** accompany the medication and parental/guardian signature is required on the medication form. Any medication needed during the school day **MUST** be brought to the nurse by a parent or guardian. Please **DO NOT** send medications in with your child or drop them off in the Main Office.

PHYSICAL EXAMINATIONS

Physical examinations are required by law in N.Y.S. on **all** students new to the Ken-Ton Union Free School District (regardless of grade level), as well as 9th and 11th grade students. Health forms are available in the Health Office and on the District website www.ktufsd.org. The school

Nurse Practitioner will provide physicals for required students if they choose not to utilize their family physician.

SCREENINGS

New York State Mandates that students in 11th grade are screened annually for vision (near and far vision), hearing, height and weight. All male students in 9th grade are screened for scoliosis in the health office. www.scoliosis.org for scoliosis information.

Parents or guardians are notified in writing of cases of apparent deviations from normal in any of the above screening.

PHYSICAL EDUCATION EXCUSES/CRUTCHES/ELEVATOR PASSES

A note from the parent or guardian is required if a student is to be excused from gym/swim for one day. The note must be specific in stating the reason for the excuse. A note is required from a physician for an absence of more than one day. The note must indicate the reason for the absence and the length of time the student will be out. The school nurse will **NOT** excuse anyone from gym.

A doctor's note must be provided for use of assistive devices (crutches, wheelchair, etc) and for the use of the elevator.

CONCUSSIONS

STUDENT IS TAKEN OUT OF PLAY 2 WAYS:

NURSE OR AT ASESSES SIGNS & SYMPTOMS OF A CONCUSSION AND REMOVES STUDENT UNTIL SEEN BY MD. BOTH THE PE DOCUMENT AND ROSTER WILL REFLECT THIS.

MD NOTE - MEDICAL NOTE SHOULD BE HANDED IN TO THE HEALTH OFFICE. IT WILL THEN BE PUT INTO THE SHARED GOOGLE DOCUMENT AND THE ROSTER.

WHEN STUDENT IS RETURNED TO PLAY:

MD NOTE RETURNING STUDENT TO PLAY MUST BE HANDED IN TO THE HEALTH OFFICE.

STUDENT MUST COMPLETE PHASES. PHASE SHEET WILL BE GIVEN TO THE STUDENT. THIS SHEET DIFFERS DEPENDING ON WHETHER OR NOT THE STUDENT IS PRESENTLY PARTICIPATING IN A SCHOOL SPORT. THERE IS AN ATHLETE AND A NON ATHLETE PHASE SHEET.

NON ATHLETE: ONCE PHASE 5 IS COMPLETED, THE FORM IS TO BE RETURNED TO THE HEALTH OFFICE. THE STUDENT WILL THEN BE SEEN

BY OUR NURSE PRACTITIONER WHO WILL THEN “OFFICIALLY” CLEAR THEM FOR RETURN TO PE. IF THIS STUDENT DOES HAVE AN IMPACT TEST ON RECORD, THEY WILL BE RE-IMPACTED ALSO. THE STUDENT WILL THEN BE CLEARED IN THE SHARED PE DOCUMENT.

ATHLETE: ONCE PHASE 4 IS COMPLETED, THE AT IS TO BE NOTIFIED. SHE WILL THEN RE-IMPACT TEST THEM AND THE NP WILL BE NOTIFIED FOR CLEARANCE. THE STUDENT WILL NOT BE CLEARED UNTIL THE NP EXAMINES THE STUDENT. THE ROSTER WILL REFLECT WHEN STUDENT IS RETURNED WITHOUT RESTRICTION.

EMERGENCIES

We ask that all families ensure that all contact information is updated in infinite campus. Please contact Student Services at the Administration Building at 874-8400 with any questions. A student who is feeling ill must ask permission to go to the nurse's office from a class. The nurse will then attempt to contact a parent or guardian. In the interest of a student's health and safety, a student may not leave school without a parent or guardian permission and the nurse's permission.