

Write a Letter to Your Future Self

For this Activity, you are to write a letter to your future self (I know weird right??). Jumping ahead to your graduation (not as far away as you think) you will receive a letter from your past. (Crazy huh??). The purpose of your letter is to create a self-portrait which will include the following...

1. A record of your life and who you are now.
2. Anchor this moment in time your current view, attitudes, philosophy, and your outlook
3. Explore your thoughts and opinions about a variety of issues.
4. Most importantly create a document (yes a document) that 4 or 5 years from now will have significant value to the most important person in your life...namely you.

Your letter should be a few paragraphs in length to be worthwhile. Remember only you will read this letter in the not so far future.

Use the 5 Categories below to form the template for your letter especially ME, NOW and MY FUTURE. Good Luck.

5 Categories

ME, NOW: my hopes, fears, dreams, intentions, goals, problems, concerns, likes, dislikes, joys, frustrations; what I like about myself; what I don't like about myself; what I'm proud of; what I think about; what bothers me; who I am, etc.

MY WORLD: a description of my home, bedroom, school, neighborhood, town; my favorite places to go; chores, allowance, pet(s), possessions, clothes, religion, current events; FAVORITES – books, music groups, movies, TV, etc.

WHAT I DO: my hobbies, pastimes, sports, school activities, what I do with friends, favorite snacks and foods, chores, how I spend my weekends and vacations, special activities I do, organizations I belong to, etc.

PEOPLE IN MY LIFE: my family, siblings, aunts & uncles, grandparents, friends, best friend(s), teachers, boyfriend, girlfriend, who I like, people I'd like to know better, people I admire and respect, important people in my life, people who annoy me, etc.

MY FUTURE: predictions, what I want to do, my long range intentions, what I'm looking forward to; what I'm dreading; my goals, my hopes and fears for the world; summer vacation, high school, college, marriage, employment, etc.

HUGE REMINDER!!! Upon Completion Address your Letter with your Current Address, Fold up Your Letter, lick it shut, and hand in the letter to your Link Leader. Sit back and wait until graduation.