



# Sports Stars

## Skills & Drills LLC



### 2017-18 Winter Session

Sports Stars Skills & Drills is designed to teach children the fundamentals of sports during each weekly session. Our philosophy stresses having fun while promoting physical fitness and developing new skills from week to week. Flexibility, coordination, and agility will be merged with skill development during each weekly session.

Owner, Chris Robey, is a former All-League basketball player, All-NYS and All-East Coast soccer player while playing at Kenmore East High School and Canisius College. He is currently an Elementary Physical Education teacher in the Ken-Ton School District and a two sport coach at Kenmore East (Soccer & Basketball). He is also a 2-time Club Champion at Sheridan Park golf course. His passion and love for sports drives him to help others learn to love athletics and to live a healthy lifestyle.

Our other coaches consist of certified PE teachers, local HS coaches and former college athletes. All of our coaches strive to maintain a small group setting and focus on having fun while increasing individual skill level.

### Intro to Sports:

7 Week session begins November 13<sup>th</sup> though January 8<sup>th</sup>  
(Except December 25<sup>th</sup> and January 1<sup>st</sup>)

**Session includes:** Soccer, Basketball, Tee Ball, Floor hockey, Volleyball,  
Bowling and the Parachute

**Location:** Willow Ridge Elementary Gym

**Ages 2-3**

**Time: Mondays from 5:30 to 6:10 PM**

(limited to 15 kids) \*\*\*\*Parent Assisted\*\*\*\*

**Ages 4-7**

**Time: Mondays from 6:15 to 7:15 PM**

(limited to 25 kids)

**Session Fee: \$78.00 per child**

*Please visit [sweethomeschools.org](http://sweethomeschools.org) to register!!*

Check out our website at [www.SportsStarsSkillsAndDrills.com](http://www.SportsStarsSkillsAndDrills.com)

**Please Call Chris at 713-7456 with any questions.**