

**Boys
NFL Meet
Track and Field Records**

(times have been converted to FAT where needed, updated 5/18)

Event	Name	School	Effort	Year
100m	Tariq Taul	Niagara Falls	10.51	2017
200m	Lavett Waren	Lockport	22.22	2015
400m	Treston White	Lockport	49.00	2017
800m	Justin Craddock	Ken East	1:53.44	2005
1600m	Aaron Foote	NW	4:18.52	2007
3200m	Joe Dunlop	Grand Island	9:17.44	1992
Steeplechase	Brendon Cameron	Ken West	9:37.74	1997
110 HH	Kevin Ahrens	Ken West	14.54	1981
400IH	Jared Voelker	NT	55.44	2008
Pentathlon	Mark Hajnos	Grand Island	3082	2001
Long Jump	Ed Russell	Lockport	23-0	1977
Triple Jump	Eldred Stevens	Niagara Falls	45-2.5	1972
High Jump	Brandon Joyce	Niagara Falls	6-8	2012
Pole Vault	Adam Helman	Grand Island	14-7	2008
Shot Put	Jeff Trunzo	Niagara Falls	59-0.25	1971
Discus Throw	Doug Langdon	Lockport	179-4	1971
400m Relay	Lockport		42.22	2016
1600m Relay	Lockport		3:25.10	2016
3200m Relay	Lockport		7:55.34	2005