



PARENT WORKSHOP

Please join us for this FREE series and meet other parents! Share tips and tricks and maybe learn a few things to help with everyday parenting.

Dinner and childcare will be provided! (See the attached sheet for more information)

Dinner will be served from 6:00 - 6:30 pm Parent Presentation in the Library: 6:30 - 7:30 pm

September 26th ~ Parenting Style & Decision Making **October 24th** ~ Structure and Limits **November 28th** ~ Guiding Your Child's Behavior January 23rd ~ Coping with Daily Stress and Frustration **February 27**th ~ Developing Respect and Caring in Young Children

Charles A. Lindbergh Elementary School Library Enter at the cafeteria door (#7).

SEPTEMBER 26TH: **PARENTING STYLE & DECISION MAKING: SEVERAL** STRATEGIES FOR DECISION MAKING AND PROBLEM SOLVING ARE INTRODUCED.

OCTOBER 24TH: STRUCTURE AND LIMITS: **PREVENTING AND** MANAGING PROBLEM **BEHAVIORS:** MINIMIZE PROBLEM BEHAVIOR AND **TECHNIQUES FOR TEACHING RESPONSIBLE BEHAVIOR.**

NOVEMEBR 28TH: **GUIDING YOUR CHILD'S BEHAVIOR:** EXAMINES THE THINGS THAT MOTIVATE CHILDRENS BEHAVIORS, BOTH NEGATIVE AND POSITIVE.

JANUARY 23RD: **COPING WITH DAILY** STRESS AND **FRUSTRATION: IDENTIFY** CAUSES OF STRESS IN THEIR DAILY LIVES AND POSITIVE WAYS TO COPE WITH **FRUSTRATION**

FEBRUARY 27TH: **DEVELOPING RESPECT AND CARING IN YOUNG** CHILDREN: EASY TO USE IDEAS FOR DEVELOPING A **RELATIONSHIP OF MUTUAL** RESPECT.

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