

NYS Section 6 Lacrosse

Kenmore Lacrosse Winter 2019



Wednesdays: 6 to 9:30 PM

December 5, 19 January 2, 16, 23

Mondays: 6 to 9:30 PM

Jan 7, 28 Feb 4

SantaLax Tourney: Sat Dec 15

Grades K-6: 12 to 4 PM

**Starts Wednesday Dec 5,
2018**

Kenmore Middle Gym (155 Delaware Road)

- 6-7 PM: Grades K-6
- 7-8 PM: Modified (7-9)
- 8-9:30 PM: Varsity (10-12)

FAQs:

- **Why Lacrosse?**
 - 1 of the fastest growing sports in USA
 - Healthy, Fast and Fun
 - Combo of football, hockey, soccer, basketball
- **What is KenLax?**
 - A group of organized and dedicated teachers, parents and young student-athletes who love LAX
 - Competed 13 years in WNY Club Lax
 - 2019 is our Varsity's first in Section 6
- **Do we need EQ to play KenLax?**
 - Not at first, you can borrow and/or we will modify drills for safety
- **What is the cost for WinterLax?**
 - The sessions are FREE
 - But we do mandate membership with US Lacrosse (\$20-35 annual membership)
- **Do I need experience?**
 - NO, we'd love to teach you!

Contact Info

Coach Alex Perry: aperry@ktufsd.org

Site: www.kenmorelacrosse.com