



January 8, 2022

Dear Ken-Ton Families and Staff,

Late Friday, the Erie County Department of Health (ECDOH) shared with school districts that they are adopting the shortened isolation and quarantine guidance from the New York State Department of Health (NYSDOH) from their [1/4/22 Revised Guidance](#). This guidance update is for the general population and impacts students and staff members.

Erie County Return to School Timeline <i>Day 0 is the day of symptom onset or (if asymptomatic) the day you were tested that resulted in a positive test. Days #1-5 then follow.</i>	
If you were a <i>close contact</i> or <i>positive</i> on:	Students & Staff are <u>eligible to return</u> if asymptomatic or <u>have symptoms that are resolving</u> on:
January 1, 2, 3 or 4, 2022	Monday, January 10, 2022
January 5, 2022	Tuesday, January 11, 2022
January 6, 2022	Wednesday, January 12, 2022
January 7, 2022	Thursday, January 13, 2022
January 8, 2022	Friday, January 14, 2022
Moving forward, students may be able to return to school after 5 days. Your school nurse or doctor will provide you with more details should your child be isolated if positive or a close contact.	

Isolation: Tested Positive for COVID-19

The following applies to everyone, regardless of vaccination status.

1. If a student/staff member tests positive for COVID-19 (Isolate):
 - a. Isolate for 5 days, where day 0 is the day of symptom onset or (if asymptomatic) the day you were tested that resulted in a positive test.
 - b. If asymptomatic at the end of 5 days or if symptoms are resolving, isolation ends and the individual should wear a well-fitting mask while around others for an additional 5 days.
 - c. Individuals who are moderately/severely immunocompromised should continue to follow the standard 10-day isolation period (see [Isolation Guidance](#).)
 - d. Individuals who are unable to wear a well-fitting mask for 5 days after a 5-day isolation should also follow the standard 10-day isolation period (see [Isolation Guidance](#).)

Quarantine: A Close Contact of An Individual With COVID-19

1. If fully vaccinated and boosted (with the booster at least 2 weeks before the first date of exposure), or not yet eligible for a booster:
 - a. **No quarantine** is required but these individuals should wear a well-fitting mask while around others for 10 days after the last date of exposure.
 - b. If possible, test at day 5 with a PCR or antigen test.
 - c. **If symptoms appear**, quarantine and seek testing. In this situation, quarantine would end when the test is negative (PCR or antigen test). If testing is not done, isolate according to the guidance above.
2. **If not fully vaccinated or fully vaccinated and eligible for a booster but not yet boosted:**
 - a. Quarantine for 5 days and wear a well-fitting mask while around others for an additional 5 days.
 - b. If possible, test at day 5 with either a PCR or antigen test.
 - c. **If symptoms appear**, quarantine and seek testing. In this situation, quarantine would end if the test is negative (PCR or antigen test) and after day 5 since the onset of symptoms. If testing is not done, isolate according to the guidance above.

Return to Play: Interscholastic Athletic Information (No longer required for Physical Education Classes)

The Ken-Ton UFSD procedure for students to return to athletics following a positive COVID diagnosis is outlined below. This procedure is based on recent literature and research that has, in some cases, shown a correlation that a COVID-19 infection may have cardiac effects on children and adolescents.

- Any student that has had a history of COVID-19 infection must be cleared by their healthcare provider to return to Interscholastic Athletics.
- The healthcare provider will decide if the student can return to interscholastic athletics without restrictions, or if the student requires a gradual phase-in of physical activity as prescribed by the healthcare provider, and/or if the student needs to be referred to a cardiologist before returning back to sports.
- Please send the release note from your healthcare provider for your child to return to sports to the school nurse. Our protocols are in place out of an abundance of caution for your student. Thank you for your understanding and support of these measures.

Our district personnel are working diligently with ECDOH to make sure information is updated, accurate, and available as a resource. Please know that when ECDOH formally adopts guidance from NYSDOH for schools, our information is then updated to reflect those changes.

Thank you for your patience and understanding.

For more information please see the Interim Updated Isolation and Quarantine Guidance dated 1/4/2022 found [here](#). COVID-19 guidance and information from the Centers for Disease Control and Prevention (CDC), NYSDOH, and ECDOH is rapidly changing. Ultimately, authority is given to local health departments to adopt guidelines as it pertains to schools and the general population.